

# Westminster

**Fall 2012**

City Newsletter  
and  
Recreation Guide

September  
October  
November



**Parks  
Make  
Life  
Better!**

**See us at: [www.westminster-ca.gov](http://www.westminster-ca.gov)**



# MAYOR RICE'S *Ball* TO REMEMBER . . .

SATURDAY, OCTOBER 6, 2012  
5:30 PM AT THE ROSE CENTER  
TICKETS \$40.00  
INFORMATION CALL  
(714) 548-3178



*Dinner*

*Music*



*Dancing*

*Spirits*



The City of Westminster &  
The Westminster City Council  
invite you to the

Holiday Community Sing  
and Tree Lighting Ceremony

Join us on  
Monday, December 3, 2012 at 6:00 p.m.  
Civic Center, 8200 Westminster Blvd  
[www.westminster-ca.gov](http://www.westminster-ca.gov)  
(714)895-2860



Visit with Santa during the event.

Please bring canned goods to donate to those in need this  
holiday season. Dress warmly, event will be held outdoors.

## Holiday Home Decorating Display



Westminster's neighborhoods are full of beautifully decorated  
homes for the holiday season. Add your address to the list of  
festive homes adorned with personal touches of Christmas.  
To add your home to the Holiday Home Decorating Display list  
please submit by email a digital photo of your home and  
your address to [csronline@westminster-ca.gov](mailto:csronline@westminster-ca.gov)

Addresses will be listed on the website after December 11th  
for the community to enjoy at their leisure. You can start a new  
Holiday tradition with a drive around the city enjoying the  
best Christmas Displays in Westminster.

For more informatin call 714-895-2860 or for a list of addresses  
visit our website at [www.westminster-ca.gov](http://www.westminster-ca.gov)

# Table of Contents

Fall Highlights ..... 3

Council Thoughts.....4

..... **CLASSES** .....

Special Events.....5

Youth Sports.....6

Academics.....7

Arts & Crafts .....9

Dance ..... 10

Music..... 14

    Piano ..... 14

    Singing..... 14

Special Interest..... 16

    Dog Obedience ..... 18

    Fun with Horses ..... 18

Sports & Fitness ..... 19

    Gymnastics .....21

    Skating..... 22

    Karate ..... 24

    Judo ..... 24

Tennis..... 25

Visual, Performing, & Cultural Arts..... 27

Senior Activities.....28

City News & Services.....30

Library ..... 35

Registration Information .....36

Registration Form ..... 37

Community Services & Recreation Facilities Map & Legend... 38

**WFRC** ..... **Back Cover**



**Scan here to  
register for  
classes!**

## Class Reminders

1. Most recreation classes will begin the week of September 10.  
Please check your starting date carefully.
2. Classes may be cancelled if minimum enrollment is not met prior to class starting date. Don't miss out!

**BE SURE TO REGISTER EARLY!**

## Fall Highlights

**August 20**

Fall Class Registration Begins

**September 3**

Labor Day – City Offices Closed

**September 10**

Club Westminster Fall Parks Program

**September 11**

September 11 Remembrance

**September 17**

Adult Softball

**September 24**

Youth Sports Program Begins

**October 31**

Halloween Happening at the Mall

**November 22 & 23**

Thanksgiving Holiday - City Offices Closed

**December 8**

Breakfast with Santa

**December 25-31**

City Offices Closed

**January 1, 2013**

Rose Parade Excursion

## Internet access to Westminster City Council Meetings

Check the city's website at [www.westminster-ca.gov](http://www.westminster-ca.gov) for information about viewing live and archived City Council meetings. If you have Internet access, you can follow the meeting live with a video stream on your computer. You will also have access to an archive of recent City Council meetings if you are interested in viewing a particular meeting segment along with meeting agendas and minutes.

City of Westminster Fall 2012

[www.westminster-ca.gov](http://www.westminster-ca.gov)

## Council Thoughts ~ Fall

After a busy summer recreational program in Westminster, we now look forward to cooler fall days and the beginning of the new school year. Despite the continuing, and increasing raid of cities' revenue by the state, plans are underway for special events for children, seniors and families during the coming months. The Mayor and City Council regret the necessity of layoffs that reduced city staff during the summer and miss the many dedicated employees that were lost. However, while fewer in number our current employees are rising to the challenge of trying to do more with less to provide services and activities for the community.

In September, interesting programs for seniors include a western day, a Bowers Museum Outreach program (20<sup>th</sup> Century in Review Part II), and help with cell phones and Ipads. The annual Dia de la Familia celebration will be held on Sunday, September 9, at Sigler Park from 1:00 pm to 5:00 pm. This is a fun family event offering wonderful food and entertainment. A brief 9-11 remembrance ceremony at Sid Goldstein Freedom Park will be held on Tuesday September 11. With the help of numerous volunteers, Halloween Happening at the Mall will be held on October 31 from 5:00 pm to 7:00 pm. This provides a safe environment and a fun opportunity to show off some great costumes, play games and collect candy.

A fall highlight is the Mayor's Ball to Remember to be held at the Westminster Rose Center on Saturday, October 6, 2012. This is Mayor Rice's eleventh consecutive Mayor's Ball and the first to be held in the fall rather than summer. This year's event will be formal and will include music, dancing and entertainment along with door prizes and special auction items. This is a great opportunity to dress up and enjoy a wonderful dinner and evening with friends at a very reasonable price while supporting cultural arts in our community. This event is the major fundraiser for the Rose Center Foundation which supports the Rose Center Theater. Their fundraising efforts help ensure that we can all continue to enjoy great theatrical performances locally at very affordable ticket prices.

If you would like additional information about these or other fall activities in Westminster, please contact the Community Services and Recreation Department at (714) 895-2860.

To watch WTV-3 on the City's website [www.westminster-ca.gov](http://www.westminster-ca.gov), click the Cool Click on the homepage, or find WTV-3 in the Community Services tab!



### CITY OF WESTMINSTER WESTMINSTER CITY HALL

8200 Westminster Blvd.

Monday – Thursday 7:30 a.m.- 5:30 p.m.

Friday 7:30 a.m. - 4:30 p.m.

Closed alternate Fridays

(714) 898-3311

**CITY COUNCIL**  
Meetings are held the  
2<sup>nd</sup> & 4<sup>th</sup> Wednesdays  
of the month in the  
Council Chambers  
at 7:00 p.m.  
8200 Westminster Blvd.

**Margie L. Rice**  
MAYOR  
(714) 548-3183  
(714) 893-1732

**Tri Ta**  
MAYOR PRO TEM  
(714) 548-3179

**Frank G. Fry**  
COUNCIL MEMBER  
(714) 548-3180  
(714) 893-3161

**Tyler Diep**  
COUNCIL MEMBER  
(714) 548-3181

**Andy Quach**  
COUNCIL MEMBER  
(714) 548-3182

**Eddie Manfro**  
INTERIM CITY MANAGER  
(714) 548-3172



Scan here to Like  
Us on Facebook!



## COMMUNITY SERVICES & RECREATION DEPARTMENT

8200 Westminister Boulevard  
Monday – Thursday • 7:30 a.m. – 5:30 p.m.  
Alternate Fridays • 7:30 a.m. – 4:30 p.m.

### RECREATION PROGRAMS

#### FACILITY RENTALS

(714) 895-2860

#### SENIOR CENTER

(714) 895-2878

#### DAMAGE TO PARKS/GRAFFITI HOTLINE

(714) 895-2876

## COMMUNITY SERVICES & RECREATION COMMISSION

Penny Loomer, Chairperson

Leo Lopez

Nhi Ho

Jacko Luong

Gia Ly

Lupe Fisher, Alternate

## COMMUNITY SERVICES & RECREATION DEPARTMENT STAFF

#### Community Services Director

Diana Dobbert

#### Senior Services Supervisor

Claire Hutchinson

#### Community Services Supervisor

Vanessa Johnson

#### Family Resource Center Supervisor

Susanna Herrera

#### Community Services Coordinators:

Stacy Yoshida – Sports

Pam Gremling – Special Events

The City of Westminister does not discriminate on the basis of race, color, national origin, sex, religion, age, or handicapped status in employment or the provision of services.



## BREAKFAST WITH SANTA

**Saturday, December 8**

9:00 a.m. – 10:30 a.m.

You'd better watch out because Santa is making a special trip to Westminister. On Saturday, December 8, Santa will arrive to delight and entertain at this traditional event. Children must be accompanied by an adult. The cost is \$7.00 for children and adults and includes breakfast, crafts, a visit from Santa Claus and a small stocking for each child. Adults are encouraged to bring their cameras to capture these holiday memories. **SPACE IS LIMITED, SO PLEASE REGISTER EARLY!!!** For more information, please call (714) 895-2860.

8010.401

\$7.00 – Adults & Children (2+)



## ROSE PARADE EXCURSION

On **Tuesday, January 1, 2013**, celebrate the New Year with the 124<sup>th</sup> Rose Parade. This year's theme, "Oh, the Places You'll Go!" promises to bring even more creativity with flowers, music, equestrian units and lots of animation from all over the world. Fee includes transportation on a luxury coach bus, nearby or convenient parking, and reserved grandstand seats. Reservations are now available on a limited, first-come, first-served basis.

**Date:** Tuesday, January 1, 2013

**Age:** Adult (under 18 must be accompanied by an adult)

**Time:** 6:00 a.m. – 2:00 p.m.

**Cost:** \$90.00 - (Activity #: 7010.401)

**Refund Policy:** Sorry, no refunds on the Rose Parade excursion, unless your space is filled by another registrant. The bus leaves from 8200 Westminister Blvd., where ample parking is available.

Special Events

[www.westminister-ca.gov](http://www.westminister-ca.gov)

15

## Youth Sports Contacts

### American Youth Soccer Organization (AYSO)

Region 5 • (714) 367.4691 • [www.ayso5.org](http://www.ayso5.org)

Region 143 • (877) 976-6333 • [www.ayso143.org](http://www.ayso143.org)

### Westminster Little League

(714) 894-1578 • [www.westminsterlittleleague.org](http://www.westminsterlittleleague.org)

### District 62 Challenger

(714) 610-8295 • [www.eteamz.com/district62challenger/](http://www.eteamz.com/district62challenger/)

### National Junior Basketball (NJB)

(714) 765-6567 • [www.njbl.org](http://www.njbl.org)

### Westminster Midway City Junior All-American Football

(714) 299-7619 • [www.eteamz.com/wmclions2010](http://www.eteamz.com/wmclions2010)

### Southern California Premier Soccer Academy

(866) 450-1674 • [www.socalpremiersoccer.com](http://www.socalpremiersoccer.com)

## Youth Sports

### SOCCER STARS

GOOOOAAAALLL! Explore the techniques of soccer with the focus on ball handling, position play, and team strategies. Practices include drills and scrimmage to get a feel of a real soccer game. Participants should dress in comfortable clothes and tennis shoes (no cleats).

Instructor: Recreation Staff

Ages: 8-11 yrs

Fee: \$25.00 (Includes T-shirt)

Length: 10 wks

#6010.401 Liberty Park M 9/24-11/26 3:30-4:30 p.m.

#6010.402 Sigler Park M 9/24-11/26 3:30-4:30 p.m.

### TEEN HOOPS

Teens will learn the basics of basketball or improve their skills. Fundamentals including passing, dribbling, shooting, teamwork, and defense will be taught.

Instructor: Recreation Staff

Ages: 12-14 yrs

Fee: \$25.00 (Includes T-shirt)

Length: 10 wks

#6010.403 Bolsa Chica Park M 9/24-11/26 3:30-4:30 p.m.

### LIL' KICKERS

Learn the basic fundamentals of soccer in a fun, safe and non-competitive atmosphere. Participants should dress in comfortable clothes and tennis shoes (no cleats).

Instructor: Recreation Staff

Ages: 5-7 yrs

Fee: \$25.00 (Includes T-shirt)

Length: 10 wks

#6010.404 Liberty Park Tu 9/25-11/27 3:45-4:30 p.m.

## TEEN SOCCER

NEW

Teens will learn the basics of soccer or improve their skills. Fundamentals including ball handling, position play, and team strategies will be emphasized in this program.

Participants should dress in comfortable clothes and tennis shoes (no cleats).

Instructor: Recreation Staff

Ages: 12-14 yrs

Fee: \$25.00 (Includes T-shirt)

Length: 10 wks

#6010.405 Sigler Park Tu 9/25-11/27 3:30-4:30 p.m.

## PEE-WEE HOOPSTERS

This non-competitive Pee-Wee Basketball program teaches the basic basketball skills including: passing, defense, dribbling, shooting, basic techniques, and coordination. A lower rim and smaller basketballs will be used to ensure success. **No practice Oct. 31st.**

Instructor: Recreation Staff

Ages: 5-7 yrs

Fee: \$25.00 (Includes T-shirt)

Length: 10 wks

#6020.401 Bolsa Chica Park W 9/26-12/5 3:45-4:30 p.m.

#6020.402 Liberty Park W 9/26-12/5 3:45-4:30 p.m.

## YOUTH HOOPSTERS

The Youth Basketball program is open to boys and girls emphasizing on teaching the basic skills of basketball through the values of teamwork, respect and having fun. (No practice November 22.)

Instructor: Recreation Staff

Ages: 8-11 yrs

Fee: \$25.00 (Includes T-shirt)

Length: 10 wks

#6020.403 Bolsa Chica Park Th 9/27-12/6 3:30-4:30 p.m.

#6020.404 Liberty Park Th 9/27-12/6 3:30-4:30 p.m.

## YOUTH FLAG FOOTBALL

Boys and girls are invited to participate in the Youth Flag Football program. Participants will develop their playing skills, learn the rules of the game, build teamwork, engage in social interaction, build character and make new friends. (No practice November 22.)

Instructor: Recreation Staff

Ages: 8-11 yrs

Fee: \$25.00 (Includes T-shirt)

Length: 10 wks

#6020.405 Sigler Park Th 9/27-12/6 3:30-4:30 p.m.

## TEEN FLAG FOOTBALL

NEW

Teens will develop their playing skills, learn the rules of the game, build teamwork, engage in social interaction, build character and make new friends. (No practice November 23.)

Instructor: Recreation Staff Ages: 12-14 yrs  
 Fee: \$25.00 (Includes T-shirt) Length: 10 wks  
 #6020.406 Liberty Park F 9/28-12/7 3:30-4:30 p.m.

## MINI SPORTS

This program introduces children to three very popular sports: basketball, soccer and t-ball. Boys and girls, ages 3 and 4 years, will play games while learning to dribble, pass, catch and kick. Parent participation is required.

Instructor: Recreation Staff Ages: 3-4 yrs  
 Fee: \$15.00 (Includes T-shirt) Length: 6 wks  
 #6030.401 Sigler Park Sa 9/29-11/3 10:00-10:45 a.m.  
 #6030.402 Sigler Park Sa 9/29-11/3 11:00-11:45 a.m.

## CLUB WESTMINSTER – FALL PARKS AND PLAYGROUNDS PROGRAM

The City of Westminster's After School Parks Program is the perfect place for youth to spend their after school hours. Elementary school aged children can enjoy an assortment of free activities in a supervised and positive environment. As a drop-in program, participants DO NOT sign-in or out and may come and go freely. This supervised fall recreation program is designed to offer a quality recreation experience! The parks noted below will be open Monday through Friday, 2:30 to 5:00 p.m. beginning Monday, September 10. (Parks will be closed November 22 and 23 for the Thanksgiving holiday.)

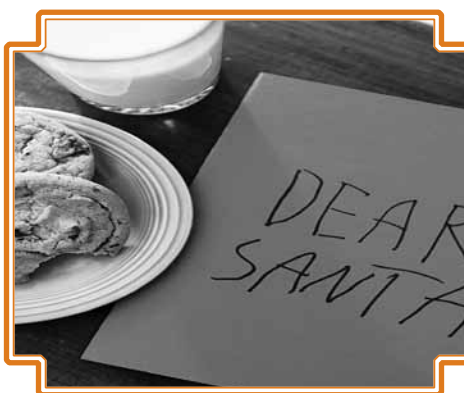
BOLSA CHICA PARK, 13660 University St., Phone (714) 897-5911  
 LIBERTY PARK, 13900 Monroe St., Phone (714) 412-2617  
 SIGLER PARK, 7200 Plaza St., Phone (714) 715-0262

## SPECIAL WINTER VACATION SCHEDULE

The after school parks program will be extending their hours during winter break at the sites listed above. Park hours will be from 10 a.m. to 4 p.m. during winter vacation, weekdays only, beginning Monday, December 24 and ending Friday, January 4. (Parks will be closed Tuesday, December 25, and Tuesday, January 1.)

## WRITE A LETTER TO SANTA CLAUS

All children are invited to write a letter to Santa. Santa's helpers will assist Mr. and Mrs. Claus in answering all the letters received. Make sure your return addresses are on all the letters and they are mailed to the City of Westminster. As Santa is really busy during this time of year, all letters must be received prior to Monday, December 10.



## Academics

### CREATIVE WRITING: Where Kids Go to Make Stuff Up!

Imagine a likeable character. Give your character a problem to solve on his or her (or its!) own. Blend your imagery and muscle verbs and you are making stuff up! At MSU Academy, young writers learn creative writing tricks and have fun writing, just for the fun of it!

Instructor: Sue Welfringer, MSU Academy Age: 8-12 yrs  
 Fee: \$125 Length: 10 wks  
 Location: WCSB Room A/B Min: 7 Max: 15  
 #0000.401 Th 9/20-12/6\* 4:00-5:15 p.m.  
 \* No class on 11/22

## ITALIAN SUPREME

NEW

Join us for an 8 week adventure to learn some of the basics of the beautiful Italian language. You'll be able to use some everyday life vocabulary needed to communicate while traveling in Italy. It will help you to get by at a "survival level" of proficiency. Imagine the fun you will have learning Italian songs, exploring the culture, preparing a Cucina Italiana recipe. La Vita E Bella! **There will be a \$5 material fee due to the instructor which includes a folder of worksheets and handouts.**

Instructor: CALINK Institute Staff Age: 16+ yrs  
 Fee: \$130 (+material fee) Length: 8 wks  
 Location: Fountain Valley Recreation Center Min: 5 Max: 15  
 #0000.402 Tu 9/25-11/13 6:00-7:00 p.m.



## SPANISH FOR CHILDREN

Learning a foreign language opens a window of opportunity for your child especially when they can explore it at an early age, it puts them ahead of the rest! Children will be introduced to greetings, colors, numbers, shapes, and animals through vocabulary and bingo games in a fun and easy way. Explore the language learning path with hands on activities and projects. The course will focus on four areas of language acquisition: reading, writing, listening, and speaking. For more information, email [alimig@cox.net](mailto:alimig@cox.net). **There will be a \$5 material fee due to the instructor which includes a folder of worksheets and handouts.**

Instructor: CALINK Institute Staff Age: 6-12 yrs  
 Fee: \$130 (+material fee) Length: 8 wks  
 Location: Fountain Valley Senior Center Min: 5 Max: 15  
 #0000.403 Tu 9/25-11/13 5:00-6:00 p.m.

## LEARN SPANISH LEVEL 1 & TUTORING

Always want to learn Spanish or need tutoring? CALINK Institute Program provides an environment that allows students to learn at their own pace and enjoy the process at the same time. Class is oriented toward building an ability to converse in Spanish. Recommended textbook: "Exploring Spanish Second Edition" ISBN 0-8219-2404-4. For questions e-mail [alimig@cox.net](mailto:alimig@cox.net). **There will be a \$5 material fee due to the instructor which includes a folder of worksheets and handouts.**

Instructor: CALINK Institute Staff Age: 13+ yrs  
 Fee: \$130 (+material fee) Length: 8 wks  
 Location: Fountain Valley Senior Center Min: 5 Max: 15  
 #0000.404 Tu 9/25-11/13 6:00-7:00 p.m.

## LEARN SPANISH LEVEL 2

This combo class will help those students wishing to polish their basic skills while participating in challenging conversation. Continued enhancement of listening and reading comprehension with practice in speaking and writing Spanish based on cultural/literary materials. Emphasis on vocabulary building while developing grammatical accuracy. In the Advanced Level, learn to master this language by using the appropriate verb in the right tense. This course also includes enhanced reading materials and conversation practice. Book: Schaum's "Outline of Spanish Vocabulary"; 2nd Edition ISBN 0-07-057227-5. Available at Amazon.com. Also open to high school students who need tutoring. Please email instructor for more information at [alimig@cox.net](mailto:alimig@cox.net). **There will be a \$5 material fee due to the instructor which includes a folder of worksheets and handouts.**

Instructor: CALINK Institute Staff Age: 13+ yrs  
 Fee: \$130 (+ material fee) Length: 8 wks  
 Location: Fountain Valley Senior Center Min: 5 Max: 15  
 #0000.405 Tu 9/25-11/13 7:00-8:00 p.m.

## I SPEAK CHINESE (For Age 6-12)

Students develop understanding of Chinese language (mandarin) and culture with themes relevant to their daily lives. Class incorporates fun and culturally enriching songs, rhymes, games, and crafts. Students will learn simple writing and interesting tidbits about the origin and evolution of Chinese characters. **\$10 material fee due to the instructor on the first day of the session. Class is 5 weeks**

Instructor: OC First Language Academy Age: 6-12 yrs  
 Fee: \$68 (+ material fee) Length: 5 wks  
 Location: Fountain Valley Recreation Center Min: 3 Max: 15  
 #0000.406 F 10/19-11/16 6:00-6:45 p.m.

## I SPEAK CHINESE (For Age 3-5)

Like learning a native language, children apply words learned to real-life situations and start speaking Chinese (mandarin) immediately. Class incorporates fun and culturally enriching songs, dances, rhymes, games, puppet shows, and arts and crafts. Language is best acquired by experiencing through it. **\$10 material fee due to the instructor on the first day of each session. Parent participation is required. The session is 5 weeks.**

Instructor: OC First Language Academy Age: 3-5 yrs  
 Fee: \$68 (+ material fee) Length: 5 wks  
 Location: Fountain Valley Recreation Center Min: 3 Max: 15  
 #0000.407 F 10/19-11/16 3:30-4:15 p.m.

NEW

## OC FIRST CHINESE AFTER SCHOOL

This program provides a fun, loving, and educational environment to school-aged children. Students practice Chinese (mandarin) with native speakers through a variety of games, songs, dances, arts and crafts, as well as cultural activities. The interaction with native speakers will encourage and enable children to speak Chinese right away. A required parent meeting will be held on Friday, August 24 from 5:30-6:30pm. Materials fee of \$25 for the first session and \$10 for the second session are due to the instructor on the first day of class. Be sure to bring a healthy snack. First session is 10 weeks, second session is 3 weeks. No class 11/12, 11/23, 11/30, and 12/7.

Instructor: OC First Language Academy Age: 6-15 yrs  
 Fee: See below Length: 3 or 10 weeks  
 Location: Fountain Valley Recreation Center Min: 3 Max: 15  
 #0000.408 W,F 9/19-11/21 2:30-5:30 p.m. (\$388)  
 #0000.409 M,W,F 9/19-11/26 2:30-5:30 p.m. (\$498)  
 #0000.410 W,F 11/28-12/14 2:30-5:30 p.m. (\$118)  
 #0000.411 M,W,F 11/26-12/14 2:30-5:30 p.m. (\$168)



## OC FIRST CHINESE BILINGUAL PRESCHOOL

NEW

This fun-filled, activity packed program is designed to engage children through games, rhymes, songs, dancing, storytelling, and arts and crafts. The immersion approach and interaction with native speakers will encourage and enable children to speak Chinese right away. Children must be fully toilet trained. Proof of age is necessary at time of registration. **A required parent meeting will be held on Friday, August 24 from 5:30-6:30pm. \$25 material fee for the first session and \$10 for the second session, are due on the first day of class. Bring a healthy snack. No class 11/12 and 12/7. First session is 10 weeks, second session is 3 weeks. No class 11/12, 11/23, 12/7.**

Instructor: OC First Language Academy Age: 3-5 yrs  
 Fee: See Below Length: 3 or 10 wks  
 Location: Fountain Valley Recreation Center Min: 3 Max: 15

#0000.412	W,F	9/19-11/21	2:00-5:00 p.m. (\$368)
#0000.413	M,W,F	9/17-11/21	2:00-5:00 p.m. (\$468)
#0000.414	W,F	11/28-12/14	2:00-5:00 p.m. (\$118)
#0000.415	M,W,F	11/26-12/14	2:00-5:00 p.m. (\$168)

## Arts & Crafts

### PARENT & TOT CLAYTIME

Roll, pinch, and pound! Come and enjoy some creative time with your little one! Your young artist will enjoy a tactile experience using clay, as we hand build playful projects step-by-step. Different projects each week. All pieces will be glazed and fired. Aprons will be provided. **There will be a \$20 material fee due to the instructor at the first class that includes kiln firing and glazing.**

Instructor: Lucia Y. Henry Age: 3-5 yrs +parent  
 Fee: \$69 (+ material fee) Length: 5 wks  
 Location: WCSB Craft Room Min: 6 Max: 12

#1000.401	Th	11/8-12/13*	2:30-3:15 p.m.
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\*No class on 11/22.



## CERAMICS CREATIONS

Have a blast learning how to turn clay into wonderful creatures and other fun projects. We will hand build the pieces as we learn techniques such as coiling, scoring and slag, and decorate them with under glazes. Different projects each week. All pieces will be glazed and fired. Aprons will be provided. **There will be a \$20 material fee due to the instructor at the first class that includes kiln firing and glazing.**

Instructor: Lucia Y. Henry Age: 6-12 yrs  
 Fee: \$75 (+ material fee) Length: 5 wks  
 Location: WCSB Craft Room Min: 6 Max: 21

#1000.402	Th	11/8-12/13*	3:30-4:45 p.m.
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\*No class on 11/22.

## DRAWING AND PAINTING for TEENS & ADULTS!

Maximize your time! This fun class is designed for beginning and intermediate students who would like to learn the necessary skills of drawing and painting. Learn at your own pace and boost your confidence in a supportive atmosphere. The lessons will be alternated, drawing one week, painting the next. **Note: Please ask for the materials list when registering for this class in person, or download list if registering online, and bring all materials to the first class meeting.**

Instructor: Pati Kent Age: 12+ yrs  
 Fee: \$85/5 weeks Length: 3 or 5 wks  
 \$51/3 weeks  
 Location: WCSB Craft Room Min: 3 Max: 20

#1000.403	W	9/12-10/10	1:15-2:45 p.m. (5 weeks)
#1000.404	W	10/24-11/28*	1:15-2:45 p.m. (5 weeks)
#1000.405	W	12/5-12/19	1:15-2:45 p.m. (3 weeks)

\*No class on 11/14.

## ART: PENCILS, PAINTS, PASTELS, AND MORE!

Come join the fun as Pati Kent teaches children ways to improve their drawing and painting skills in a creative and supportive environment. Class will end with an art show! **Note: Please ask for the materials list when registering for this class in person, or download list if registering online, and bring all materials to the first class meeting.**

Instructor: Pati Kent Age: 7-12 yrs  
 Fee: \$65/5 weeks Length: 3 or 5 wks  
 \$39/3 weeks  
 Location: WCSB Craft Room Min: 3 Max: 20

#1000.406	W	9/12-10/10	3:00-4:00 p.m. (5 weeks)
#1000.407	W	10/24-11/28*	3:00-4:00 p.m. (5 weeks)
#1000.408	W	12/5-12/19	3:00-4:00 p.m. (3 weeks)

\*No class on 11/14.

## ART: ESSENTIAL CARTOONING

This fun and exciting class will teach character drawing and basic cartooning skills. Limited enrollment. **A material fee of \$20 will be due to the instructor at the first class which will cover all materials. Pre-Registration is required.**

Instructor: Pati Kent		Age: 7-12 yrs	
Fee: \$32 (+material fee)		Length: 3 wks	
Location: WCSB Craft Room		Min: 3 Max: 20	
#1000.409	W	9/12-9/26	4:15-5:15 p.m.
#1000.410	W	10/24-11/7	4:15-5:15 p.m.
#1000.411	W	12/5-12/19	4:15-5:15 p.m.

## PRE-SCHOOL PLAY & PRACTICE

Imagine your child learning activities like award-winning children's literature, arts and crafts, songs and many more fresh new ideas. Each class is based on a different theme and includes cutting, pasting, coloring and more importantly, interacting with other children. **A \$5 material fee will be due to the instructor at the first class.**

Instructor: Miss Dawna		Age: 2-5 yrs	
Fee: \$45 (+material fee)		Length: 5 wks	
Location: Garden Grove Sports & Rec. Center		Min: 10 Max: 20	
#1000.412	Sa	9/15-10/13	9:20-10:00 a.m.
#1000.413	Sa	10/20-11/17	9:20-10:00 a.m.



## Dance



### ZUMBA GOLD

This format is designed for active seniors, but everyone is welcome! Join the party and improve balance, coordination, strength, and cardiovascular fitness. The fusion of Latin and International music will keep you moving to the beat for total mind and body conditioning! There will be no class on 10/26 and 11/23.

Instructor: Joanne Prodomirski-Alvo Age: 13+yrs  
 Fee: \$60/All 12 weeks Length: 12 wks  
 \$36/Any 6 Classes\*  
 \$7/Any Single Class\*\*

Location: WCSB Room A/B Min: 8 Max: 50

#2000.401 F 9/14-12/14 10:30-11:15 a.m. (all 12 wks)  
 #2000.402 F 9/14-12/14\* 10:30-11:15 a.m. (any 6 classes\*)  
 #2000.403 F 9/14-12/14\*\* 10:30-11:15 a.m. (any single session\*\*)  
 \*Any 6 classes or \*\*any single session within the 9/14-12/14 time frame only. There will be no class on 10/26 and 11/23.

### ZUMBA

Join the party! You will have the time of your life dancing your way to fitness! Join us as we move to the music, learn new dance moves, burn calories, and tone our bodies. There will be no class on 10/26 and 11/23.

Instructor: Joanne Prodomirski-Alvo Age: 13+yrs  
 Fee: \$60/All 12 weeks Length: 12 wks  
 \$36/Any 6 Classes\*  
 \$7/Any Single Class\*

Location: WCSB Room A/B Min: 8 Max: 50

#2000.404 F 9/14-12/14 11:45-12:30 p.m. (all 12 wks)  
 #2000.405 F 9/14-12/14\* 11:45-12:30 p.m. (any 6 classes\*)  
 #2000.406 F 9/14-12/14\* 11:45-12:30 p.m. (any single session\*\*)  
 \*Any 6 classes or \*\*any single session within the 9/14-12/14 time frame only. There will be no class on 10/26 and 11/23.





## BALLROOM, SWING, AND LATIN COMBO!

Learn fun, easy patterns in Swing and Waltz in session 1, and Swing and Cha-Cha during session 2! Learn to dance to the music played at parties, night clubs, weddings, and cruises. No partner necessary.

Instructor: Efren Barrera Age: 14+ yrs  
 Fee: \$45 Length: 4 wks  
 Location: WCSB E/W Room Min: 3 Max: 30  
 #2000.407 Tu 9/11-10/2 6:00-7:00 p.m. (Swing & Waltz)  
 #2000.408 Tu 10/9-10/30 6:00-7:00 p.m. (Swing & Cha-Cha)

## SALSA 1 & 2 for ADULTS!

Salsa, the hot and spicy dance, lets you move to the Latin rhythms in today's club and party scene. Learn hot, beginner patterns in Salsa 1 and intermediate patterns in Salsa 2! Meet people, socialize, and show off your moves! No partner needed. For more information, call Efren Barrera at 714-595-4766.

Instructor: Efren Barrera Age: 14+ yrs  
 Fee: \$45 Length: 4 wks  
 Location: WCSB E/W Room Min: 4 Max: 30  
 #2000.409 Tu 9/11-10/2 7:00-8:00 p.m. (Salsa 1)  
 #2000.410 Tu 9/11-10/2 8:00-9:00 p.m. (Salsa 2)  
 #2000.411 Tu 10/9-10/30 7:00-8:00 p.m. (Salsa 1)  
 #2000.412 Tu 10/9-10/30 8:00-9:00 p.m. (Salsa 2)  
 #2000.413 Tu 11/6-11/27 7:00-8:00 p.m. (Salsa 1)  
 #2000.414 Tu 11/6-11/27 8:00-9:00 p.m. (Salsa 2)

## INTERMEDIATE LINE DANCING

Dancing is a great way to reduce stress and get fit while having fun. A study at the Albert Einstein Medical Center found dancing to be the only regular physical activity associated with a significant drop in the incidence of dementia, including Alzheimer's. Other studies have shown it to be helpful in the areas of memory, balance and cardiovascular fitness. It's done to all kinds of great music including top 40, waltzes, Latin, country, and disco. No partner needed. Intermediate (Level 3 and 4) dancers only.

Instructor: Suzy Hazard Age: 18+ yrs  
 Fee: \$59 Length: 12 wks  
 Location: WCSB E/W Room Min: 20 Max: 60  
 #2000.415 M 9/10-11/26 9:30-11:30 a.m.

## HIP HOP MOMS

Come get a great workout and have fun shaking your booty while learning how to dance! You'll sweat like crazy in this hip hop dance class done to popular music and geared towards busy moms of all dance levels. **Dance attire:** Wear all black pants, tank and clean sneakers with non-marking soles. For more info visit our website at [www.wespacdance.com](http://www.wespacdance.com) or call 714-893-2623.

Instructor: Jennifer Chavarria Age: Adult  
 Fee: \$45 Length: 5 wks  
 Location: Wespac Dance Center Min: 6 Max: 10  
 #2000.416 M 9/10-10/8 8:15-9:00 p.m.  
 #2000.417 M 10/15-11/12 8:15-9:00 p.m.  
 #2000.418 M 11/19-12/17 8:15-9:00 p.m.

## HOT SALSA!

You don't have to be a professional dancer to look like one! Come get a great workout! Burn as many calories as running a few miles in this high energy packed dance class geared towards the beginner, but with enough spice to entice the advanced dancer. Learn exciting latin moves combined with belly exercises & funky hip hop style. Come shake it on the dance floor and...Let's dance! **Dance attire:** Wear all black pants, tank and clean sneakers with non-marking soles. For more info visit our website at [www.wespacdance.com](http://www.wespacdance.com) or call 714-893-2623.

Instructor: Jaseida Mojica Age: Teen/Adult  
 Fee: \$45 Length: 5 wks  
 Location: Wespac Dance Center Min: 6 Max: 10  
 #2000.419 Tu 9/11-10/9 8:00-8:45 p.m.  
 #2000.420 Tu 10/16-11/13 8:00-8:45 p.m.  
 #2000.421 Tu 11/20-12/18 8:00-8:45 p.m.

## PEE WEE (INTRO TO DANCE)

### LEVEL 1 & 2

Come learn the foundation for all dance styles in this combination of ballet & jazz. Have fun while listening to friendly children's music. **Dance attire:** Wear all ballet pink leotard, tights and ballet shoes. Student must be potty trained prior to taking class. This is not a parent & me class so parents are encouraged to watch from the lobby. Must be invited by the instructor prior to taking Level 2. For more info visit our website at [www.wespacdance.com](http://www.wespacdance.com) or call 714-893-2623.

Instructor: Valerie Bartosch      Age: 2-6 yrs  
 Fee: \$45      Length: 5 Wks  
 Location: Wespac Dance Center      Min: 6 Max: 10

#2000.422	Th	9/13-10/11	5:15-6:00 p.m.	(Level 1)
#2000.423	Th	10/18-11/15	5:15-6:00 p.m.	(Level 1)
#2000.424	Th	11/29-1/3*	5:15-6:00 p.m.	(Level 1)
#2000.425	Th	9/13-10/11	6:00-6:45 p.m.	(Level 2)
#2000.426	Th	10/18-11/15	6:00-6:45 p.m.	(Level 2)
#2000.427	Th	11/29-1/3*	6:00-6:45 p.m.	(Level 2)

\*No Class on 12/27.



### BALLET Level 3

This class will utilize ballet barre, center floor work and across the floor. Learn ballet positions in 1<sup>st</sup> - 5<sup>th</sup>, jumps, tendue's, plie's, chaine's, pique's, pirouettes and leaps. A routine will be taught at the end of class. **Dance attire:** Wear pastel colored leotard (i.e. light pink, yellow, baby blue or lilac), ballet pink tights and pink ballet shoes, ballet skirt is optional. Must be invited by the instructor prior to taking Level 3. For more info visit our website at [www.wespacdance.com](http://www.wespacdance.com) or call 714-893-2623.

Instructor: Jaseida Mojica      Age: 5-12 yrs  
 Fee: \$45      Length: 5 Wks  
 Location: Wespac Dance Center      Min.: 6 Max: 10

#2000.428	Tu	9/11-10/9	4:30-5:30 p.m.
#2000.429	Tu	10/16-11/13	4:30-5:30 p.m.
#2000.430	Tu	11/20-12/18	4:30-5:30 p.m.

## TUMBLING

Learn beginning tumbling technique including splits, somersaults, cartwheels, roundoffs, backhandsprings and leaps. A must take course for anyone looking to try out for a competitive cheerleading or dance team at any junior high school, high school, university or professional level. Abs, chest and arms will be toned in the class! **Tumbling attire:** Wear any color leotard with black ballet/jazz shorts and no shoes. For more info visit our website at [www.wespacdance.com](http://www.wespacdance.com) or call 714-893-2623.

Instructor: Susan Prough      Age: 5-13 yrs  
 Fee: \$45      Length: 5 Wks  
 Location: Wespac Dance Center      Min: 6 Max: 10

#2000.431	F	9/14-10/12	4:45-5:45 p.m.
#2000.432	F	10/19-11/16	4:45-5:45 p.m.
#2000.433	F	11/30-1/4*	4:45-5:45 p.m.

\*No Class on 12/28.

## HIP HOP

Come learn the latest LA style Hip Hop dance moves as seen on television, film and videos. Get a great workout while learning how to dance! **Dance attire:** Wear all black pants, tank and clean sneakers with non - marking soles. For more info visit our website at [www.wespacdance.com](http://www.wespacdance.com) or call 714-893-2623.

Instructor: Jennifer Chavarria  
 & Jaseida Mojica      Age: 5 yrs-Adult  
 Fee: \$45      Length: 5 Wks  
 Location: Wespac Dance Center      Min: 6 Max: 15

#2000.434	M	9/10-10/8	6:45-7:30 p.m.	(5-12 yrs.)
#2000.435	M	10/15-11/12	6:45-7:30 p.m.	(5-12 yrs.)
#2000.436	M	11/19-12/17	6:45-7:30 p.m.	(5-12 yrs.)
#2000.437	Th	9/13-10/11	6:45-7:30 p.m.	(Teen/Adult)
#2000.438	Th	10/18-11/15	6:45-7:30 p.m.	(Teen/Adult)
#2000.439	Th	11/29-1/3*	6:45-7:30 p.m.	(Teen/Adult)

\*No Class on 12/27.

## HULA

Learn the cultural dance of the Hawaiian and Tahitian Islands. This class is geared towards students who are looking to get a great workout while having fun. **Dance attire:** Wear black tank or leotard with black shorts or leggings and any color sarong is optional. For more info visit our website at [www.wespacdance.com](http://www.wespacdance.com) or call 714-893-2623.

Instructor: Valerie Bartosch      Age: 5 yrs-Adult  
 Fee: \$45      Length: 5 wks  
 Location: Wespac Dance Center      Min: 6 Max: 10

#2000.440	M	9/10-10/8	6:00 - 6:45 p.m.	(5-12 yrs.)
#2000.441	M	10/15-11/12	6:00 - 6:45 p.m.	(5-12 yrs.)
#2000.442	M	11/19-12/17	6:00 - 6:45 p.m.	(5-12 yrs.)
#2000.443	F	9/14-10/12	5:45- 6:30 p.m.	(Teen/Adult)
#2000.444	F	10/19-11/16	5:45- 6:30 p.m.	(Teen/Adult)
#2000.445	F	11/30-1/4*	5:45- 6:30 p.m.	(Teen/Adult)

\*No Class on 12/28.



## BELLY DANCING

This class will focus on orientale/beledi technique, rhythms, finger cymbals, veil work and improvisations. Get a great low-impact, cardio workout while dancing to the beautiful middle-eastern beats. **Dance attire:** Wear black tank or leotard with black shorts or leggings and any color belly dancing hip scarf is optional, barefoot or ballet shoes are optional. For more info visit our website at [www.wespacdance.com](http://www.wespacdance.com) or call 714-893-2623.

Instructor: Rania Bossonis		Age: Teen/Adult	
Fee: \$45		Length: 5 wks	
Location: Wespac Dance Center		Min: 6 Max: 10	
#2000.446	W	9/12-10/10	6:30 - 7:30 p.m.
#2000.447	W	10/17-11/14	6:30 - 7:30 p.m.
#2000.448	W	11/21-12/19	6:30 - 7:30 p.m.

## OUR FIRST DANCE AS MR. & MRS.

Learn the basics of couples' dancing and look great on your wedding day. Your friends and family will be amazed! Even if you are not getting married and you are a guest or father of the bride, all couples are welcome to take this ballroom dance class which is a great way to prepare for any social event or special occasion. **Dance attire:** Ladies wear nice dress and heels and gentlemen wear collared shirt and nice slacks with dress shoes. For more info visit our website at [www.wespacdance.com](http://www.wespacdance.com) or call 714-893-2623.

Instructor: Jaseida Mojica		Age: Adult	
Fee: \$90 per couple		Length: 5 wks	
Location: Wespac Dance Center		Min: 6 Max: 10	
#2000.449	Tu	9/11-10/09	8:00-8:45 p.m.
#2000.450	Tu	10/16-11/13	8:00-8:45 p.m.
#2000.451	Tu	11/20-12/18	8:00-8:45 p.m.

## TEENY TUMBLERS AND DANCERS

Enjoy concentrated time together in activities that are fun for both parents and little cruisers. Early walkers will build important motor skills, balance and coordination as they explore tunnels, slides and ramps. Adult participation is required.

Instructor: Miss Dawna		Age: 9-24 mths.	
Fee: \$45		Length: 5 wks	
Location: Garden Grove Sports & Rec. Center		Min: 8 Max: 20	
#2000.452	Sa	9/15-10/13	10:40-11:15 a.m.
#2000.453	Sa	10/20-11/17	10:40-11:15 a.m.

## BALLET, TAP, and TUMBLING

Ballet develops physical control, strength, balance and grace. Tap develops a sense of rhythm and timing useful in music study and athletics. Children will have lots of fun learning age-appropriate gymnastic skills including rolling, jumping, position of the day, animal walks and balance beams.

Instructor: Miss Dawna		Age: 2-5 and 5-12 yrs	
Fee: \$45		Length: 5 wks	
Location: Garden Grove Sports & Rec. Center		Min: 10 Max: 20	
#2000.454	Sa	9/15-10/13	10:00-10:40 a.m. (Age 2-5)
#2000.455	Sa	10/20-11/17	10:00-10:40 a.m. (Age 2-5)
#2000.456	Sa	9/15-10/13	8:40-9:20 a.m. (Age 6-12)
#2000.457	Sa	10/20-11/17	8:40-9:20 a.m. (Age 6-12)

## BALLET, TAP, & JAZZ 1

An introduction to the basic steps of ballet, tap, and jazz. Students learn basic steps and develop these into a dance routine. There will be a recital on the last day of each session, after class. **Dance attire:** pastel ballet shoes, tights, and leotards; tap shoes optional.

Instructor: Elizabeth Gonzalez		Ages: 3-5 yrs	
Fee: \$40		Length: 5 wks	
Location: WCSB East/West Room		Min: 8 Max: 15	
#2000.458	Sa	9/22-10/27*	11:00-11:45 a.m.
#2000.459	Sa	11/10-12/15*	11:00-11:45 a.m.

\*No class on 10/6 and 12/1.

## BALLET, TAP, & JAZZ 2

This class may be taken after participating in 2 sessions of Mrs. Elizabeth's Ballet, Tap, & Jazz 1. Students will continue to learn steps in ballet, tap, and jazz. There will be a recital on the last day of the 5 week session, after class. **Dance attire:** pastel ballet shoes, tights, and leotards; tap shoes optional. **There will be a \$15 material fee due to the instructor at the first class.**

Instructor: Elizabeth Gonzalez		Ages: 5-8 yrs	
Fee: \$40 (+ material fee)		Length: 5 wks	
Location: WCSB East/West Room		Min: 8 Max: 15	
#2000.460	Sa	9/22-10/27*	10:00-10:45 a.m.
#2000.461	Sa	11/10-12/15*	10:00-10:45 a.m.

\*No class on 10/6 and 12/1.

## HIP HOP TIL' YOU DROP!

Learn the hottest dance moves to the latest Hip Hop music! This class is an introduction to beginning Hip Hop. Students will learn Hip Hop combinations and a complete dance routine. There will be a recital on the last day of the 5 week session, after regular class.

Instructor: Elizabeth Gonzalez		Ages 6-10 yrs	
Fee: \$40		Length: 5 wks	
Location: WCSB East/West Room		Min: 8 Max: 15	
#2000.462	Sa	9/22-10/27*	12:00-12:45 p.m.
#2000.463	Sa	11/10-12/15*	12:00-12:45 p.m.

\*No class on 10/6 and 12/1.

## Music

### PIANO IS FUN – FOR THE YOUNGEST BEGINNER!

In this popular introductory keyboard class, students learn finger independence through reading basic musical patterns. Basic rhythms are introduced, and students enjoy playing and creating with others on real quality pianos! A PARENT IS REQUIRED TO ATTEND EACH CLASS WITH THEIR CHILD. **A \$10 material fee will be due to the instructor.**

Instructor: Dr. Robert Rios and Staff Age: 4 -6 yrs  
 Fee: \$59 (+material fee) Length: 4 wks  
 Location: Piano Place Music and Arts Center Min: 5 Max: 8

#3000.401	M,W	9/10-10/3	3:30-4:00 p.m.
#3000.402	Tu,Th	9/11-10/4	6:30-7:00 p.m.
#3000.403	M,W	10/15-11/7	3:30-4:00 p.m.
#3000.404	Tu,Th	10/16-11/8	6:30-7:00 p.m.

### PIANO IS FUN – FOR THE OLDER CHILD!

In this popular introductory keyboard class, students cover all the basics of music through learning the piano, such as theory, reading, playing by ear, and creativity. Students enjoy playing songs with each other on real quality pianos! **A \$10 material fee will be due to the instructor.**

Instructor: Dr. Robert Rios and Staff Age: 7-10 yrs  
 Fee: \$59 (+material fee) Length: 6 wks  
 Location: Piano Place Music and Arts Center Min: 5 Max: 8

#3000.405	M	9/10-10/15	4:15-5:00 p.m.
#3000.406	Tu	9/11-10/16	5:45-6:30 p.m.
#3000.407	M	10/22-11/26	4:15-5:00 p.m.
#3000.408	Tu	10/23-11/27	5:45-6:30 p.m.

### PIANO IS FUN – FOR TEENS AND PRE-TEENS!

Students are introduced to reading music, creating songs, and playing the piano by ear in this fun, and easy class. Students love learning together as a group, playing folk, original, and popular music, and preparing themselves for their first teen rock group! **A \$10 material fee will be due to the instructor.**

Instructor: Dr. Robert Rios and Staff Age: 10-17 yrs  
 Fee: \$59 (+material fee) Length: 6 wks  
 Location: Piano Place Music and Arts Center Min: 5 Max: 8

#3000.409	F	9/14-10/19	5:45-6:30 p.m.
#3000.410	Sa	10/6-11/10	2:00-2:45 p.m.

### PIANO IS FUN – FOR ADULTS AND SENIORS!

Play those favorite songs at the piano that you've always loved! You'll learn how to read music, using basic chords and rhythms, and have fun playing together on real quality pianos. **A \$10 material fee will be due to the instructor.**

Instructor: Dr. Robert Rios and Staff Age: 17+ yrs  
 Fee: \$59 (+material fee) Length: 6 wks  
 Location: Piano Place Music and Arts Center Min: 5 Max: 8

#3000.411	F	9/14-10/19	6:00-6:45 p.m.
#3000.412	Th	10/4-11/8	6:45-7:30 p.m.

### GUITAR IS FUN – FOR CHILDREN, TEENS, AND ADULTS!

Students enjoy playing and creating songs in this popular class, using single notes and chords. Reading staff notation and tablature, basic music theory and playing by ear are covered. Playing in a group prepares students for playing in their own future band! **A \$10 material fee will be due to the instructor. Students must bring their own guitar.**

Instructor: Piano Place MAC Staff Age: 6+ yrs  
 Fee: \$59 (+ material fee) Length: 6 wks  
 Location: Piano Place Music and Arts Center Min: 3 Max: 6

#3000.413	Sa	9/15-10/20	10:45-11:30 a.m. (Age 6-10)
#3000.414	Sa	9/15-10/20	11:30-12:15 p.m. (Age 10-17)
#3000.415	Sa	9/15-10/20	12:15-1:00 p.m. (Age 17+)

### SINGING IS FUN – FOR CHILDREN AND TEENS!

Proper vocal technic, intonation, and style are taught in this fun class, where musical numbers really come to life. Theory and notation are also covered, preparing students to sing some of those great hit songs that they really like! **A \$20 material fee (which includes a book and CD) will be due to the instructor.**

Instructor: Piano Place MAC Staff Age: 7-17 yrs  
 Fee: \$59 (+ material fee) Length: 6 wks  
 Location: Piano Place Music and Arts Center Min: 3 Max: 6

#3000.416	M	9/10-10/15	5:45-6:30 p.m. (Age 7-11)
#3000.417	M	9/10-10/15	6:30-7:15 p.m. (Age 12-17)



## DRUMMING IS FUN – FOR CHILDREN AND TEENS!

In this exciting class, students have fun learning the basics of drum technic. Using drum pads and/or snare drums, different rhythms, coordination, and notation are covered. Making music together, students prepare themselves for their future drum set! **Students must bring their own sticks as well as drum pad and/or snare drum. A \$10 material fee will be due to the instructor.**

Instructor: Piano Place MAC Staff Age: 5-17 yrs  
Fee: \$59 (+ material fee) Length: 6 Wks  
Location: Piano Place Music and Arts Center Min: 3 Max: 6

#3000.418 W 9/12-10/17 4:15-5:00 p.m. (Age 5-10)  
#3000.419 W 9/12-10/17 6:30-7:15 p.m. (Age 10-17)



## VIOLIN IS FUN – FOR CHILDREN AND TEENS!

No instrument is comparable in sound to the beauty of the violin! This class teaches the basics of the violin information, technic, and bowing. In addition, some basic music theory and reading skills are taught. Students enjoy learning in small groups, where they can make or create ensemble music together, preparing themselves for playing in their first orchestra. **A \$10 material fee will be due to the instructor. Students must provide their own violin.**

Instructor: Piano Place MAC Staff Age: 6+ yrs  
Fee: \$59 (+ material fee) Length: 6 wks  
Location: Piano Place Music and Arts Center Min: 3 Max: 6

#3000.420 Th 9/13-10/18 4:15-5:00 p.m. (Age 6-10)  
#3000.421 Th 9/13-10/18 5:00-5:45 p.m. (Age 10-17)  
#3000.422 Th 9/13-10/18 6:00-6:45 p.m. (Age 17+)

## TRUMPET IS FUN – FOR CHILDREN AND TEENS!

Now is your chance to learn how to play the magnificent trumpet! In this fun and exciting class, basic beginning technic, intonation, and music notation will be covered. Playing or creating in an ensemble enables students to be able to eventually play in a future orchestra! **Students must bring their own trumpet. A \$10 material fee will be due to the instructor.**

Instructor: Piano Place MAC Staff Age: 6+ yrs  
Fee: \$59 (+ material fee) Length: 6 wks  
Location: Piano Place Music and Arts Center Min: 3 Max: 6

#3000.423 Th 9/13-10/18 3:30-4:15 p.m. (Age 6-10)  
#3000.424 Th 9/13-10/18 6:45-7:30 p.m. (Age 10-17)  
#3000.425 Th 9/13-10/18 7:30-8:15 p.m. (Age 17+)

## UKULELE IS FUN-FOR CHILDREN, TEENS, AND ADULTS!~NEW!

The ukulele is an enchanting, popular instrument, which is surprisingly easy to learn and inexpensive to own. Lessons will cover the basics of note reading as well as playing by ear with chords. Students enjoy learning in small, creative groups. **A \$10 material fee will be due to the instructor. Students must bring their own ukulele.**

Instructor: Piano Place MAC Staff Age: 6+ yrs  
Fee: \$59 (+ material fee) Length: 6 wks  
Location: Piano Place Music and Arts Center Min: 3 Max: 6

#3000.426 F 9/14-10/19 6:45-7:30 p.m. (Age 17+)  
#3000.427 Sa 9/15-10/20 9:00-9:45 a.m. (Age 6-10)  
#3000.428 Sa 9/15-10/20 9:45-10:30 a.m. (10-17)



## SESAME STREET MUSIC WORKS

This program is a fantastic program designed for children ages 2-6 and their parents, grandparents, teachers, and caregivers to be involved in music making. Fountain Valley Music is a licensed education center for the Sesame Street Music Works Program.

Instructor: FVM Staff Age: 2-6 yrs  
Fee: \$51 Length: 4 wks  
Location: Fountain Valley Music Min: 5 Max: 10  
#3000.429 Tu 9/25-10/16 9:30-10:15 a.m.

## KEYS TO MUSIC – Beginning Piano/Keyboard

Piano is the perfect instrument to start your music career. In addition to playing piano/keyboard, you will play listening games, sing, do rhythm activities and more. You should have a piano/keyboard to play on at home. They are also available at Fountain Valley Music. These classes are fun! **There will be a \$30 material fee due to the instructor which includes a lesson book, note finder, and bag.**

Instructor: FVM Staff      Age: 4-Adult  
 Fee: \$51 (+ material fee)      Length: 4 wks  
 Location: Fountain Valley Music      Min: 5 Max: 10

#3000.430	M	9/24-10/15	10:00-10:45 a.m.	(Age 4-5)
#3000.431	Tu	9/25-10/16	1:00-1:45 p.m.	(Age 4-5)
#3000.432	Sa	9/22-10/13	9:30-10:15 a.m.	(Age 4-5)
#3000.433	M	9/24-10/15	5:00-5:45 p.m.	(Age 6-9)
#3000.434	Tu	9/25-10/16	3:15-4:00 p.m.	(Age 6-9)
#3000.435	Sa	9/22-10/13	10:15-11:00 a.m.	(Age 6-9)
#3000.436	M	9/24-10/15	7:30-8:15 p.m.	(Age 10-15)
#3000.437	Sa	9/22-10/13	11:00-11:45 a.m.	(Age 10-15)
#3000.438	Th	9/27-10/18	12:00-12:45 p.m.	(Age 16+)
#3000.439	Th	9/27-10/18	8:15-9:00 p.m.	(Age 16+)

## GUITARLAND – Beginning Guitar

This course is a basic approach to playing the guitar, for beginners only. Students learn: Basics of reading music, learn rhythm and tempo, and how to tune your guitar. This is a very popular and fun class. **Please bring your own guitar to practice or you may rent one for a nominal cost. There will be a \$20 material fee for book and CD.**

Instructor: FVM Staff      Age: 6-Adult  
 Fee: \$51 (+ material fee)      Length: 4 wks  
 Location: Fountain Valley Music      Min: 5 Max: 10

#3000.440	Th	9/27-10/18	4:30-5:15 p.m.	(Age 6-9)
#3000.441	Su	9/23-10/14	12:00-12:45 p.m.	(Age 6-9)
#3000.442	Th	9/27-10/18	5:15-6:00 p.m.	(Age 10-15)
#3000.443	Su	9/23-10/14	12:45-1:30 p.m.	(Age 10-15)
#3000.444	Th	9/27-10/18	6:00-6:45 p.m.	(Age 16+)
#3000.445	Su	9/23-10/14	1:30-2:15 p.m.	(Age 16+)

*Congratulations to Fountain Valley Music for being named "Best Music School (Independent)" by Parenting OC Magazine, Readers' Choice 2011 issue!*

## GOTTO SING!

This is a fun vocal techniques class. All ages are taught proper breathing, posture, and technique. You will learn how to train your voice while learning to sing in a group. **There will be a \$20 material fee due to the instructor.**

Instructor: FVM Staff      Age: 6-Adult  
 Fee: \$51 (+ material fee)      Length: 4 wks  
 Location: Fountain Valley Music      Min: 5 Max: 10

#3000.446	W	9/26-10/17	5:00-5:45 p.m.	(Age 6-9)
#3000.447	W	9/26-10/17	5:45-6:30 p.m.	(Age 10-15)
#3000.448	W	9/26-10/17	6:30-7:15 p.m.	(Age 16+)

## BEGINNING UKULELE

Play Ukulele and have fun! You will work on chords, sing, and learn songs. Perfect for the whole family. You will need to bring your own ukulele. **There will be a \$20 material fee due to the instructor which will include a music book and CD/DVD.**

Instructor: FVM Staff      Age: 8-Adult  
 Fee: \$51 (+ material fee)      Length: 4 wks  
 Location: Fountain Valley Music      Min: 5 Max: 10

#3000.449	Su	9/23-10/14	12:00-12:45 p.m.	
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## Special Interest

### BALLOON TWISTING BASICS

NEW

Learn to make cute animal balloons, flowers, and more! Safety issues will also be discussed. Learn the basic twist to create different animals/hats. This is a beginner class. **There will be a \$10 material fee due to the instructor at class which includes a pump and balloons.**

Instructor: Mr. Steven Nakauchi      Age: 14+ yrs  
 Fee: \$65 (+ material fee)      Length: 1 day  
 Location: WCSB Room A/B      Min: 5 Max: 10

#4000.401	Sa	9/15/12	8:30 a.m.-12:00 p.m.	
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*Mr. Steven Nakauchi has been a member of the Magic Castle in Hollywood for 40 years. He has performed magic shows, birthday parties for schools, military, USO, private parties, and churches. He has been doing balloon twisting as a hobby and performing for the last 10 years!*



## MEMOIR WRITING

NEW

This class is designed to teach the memoir writing process. Students will learn techniques on how to write a memoir using time approach, location, or event. The instructor will guide students in creating an interesting story that includes a great beginning and a big finish! Pictures can be included (optional). A memoir is a wonderful gift idea for family and friends-a living treasure! **There will be a \$5 material fee due to the instructor at the first class.**

Instructor: Brigitte Wolf Age: 18+ yrs  
 Fee: \$35 (+ material fee) Length: 6 wks  
 Location: WCSB Craft Room Min: 4 Max: 40  
 #4000.402 M 9/10-10/15 3:30-4:30 p.m.

## YOU'RE ON THE AIR...HOW TO REALLY MAKE IT IN VOICE-OVERS!

Voice-overs are hot today! You'll learn about an exciting, new way to get around the competition and actually turn voice-overs into a thriving full or part-time business! Try some practice recording, discuss the voice-over business, the numerous opportunities, the incredible income potential, and the "demo" and how to have it produced.

Instructor: Such A Voice Instructor Age: 18+ yrs  
 Fee: \$30 Length: 1 day  
 Location: WCSB Craft Room Min: 4 Max: 40  
 #4000.403 Th 10/25/12 7:00-9:00 p.m.

## CPR FOR ADULTS AND CHILDREN (For the Vietnamese Speaker)

This CPR training class is for the Vietnamese speaker and will teach you the basic ways to respond to an unconscious person in an emergency situation while waiting for the ambulance to arrive. By doing CPR, you will be helping to circulate the blood and oxygen of that unconscious person. You will also learn how to be calm and to be confident in what to do in the critical moment to saving a life. Participants will receive their American Red Cross (ARC) or American Heart Association (AHA) pocket certificate card after they complete the class (usually takes about a week or more). **There will be a \$20 material fee due to the instructor at class.**

Instructor: Steve Pham Age: 18+ yrs  
 Fee: \$15 (+ material fee) Length: 1 day  
 Location: WCSB Room A/B Min: 6 Max: 33  
 #4000.404 Sa 9/8/12 10:00 a.m.-2:00 p.m.  
 #4000.405 Sa 11/10/12 10:00 a.m.-2:00 p.m.  
 #4000.406 Sa 12/8/12 10:00 a.m.-2:00 p.m.

## CPR FOR ADULTS, INFANTS, AND CHILDREN

This class is designed to teach both the average person and professional how to initially respond to cardiac or respiratory arrest. Learn simple rescue CPR for adults, children and infants, as well as, foreign object removal techniques for airways. You will receive your certification upon completion of the class. **A \$20 material fee is payable to the instructor at class.**

Instructor: Jack Griswold Age: 12+ yrs  
 Fee: \$10 (+ material fee) Length: 1 day  
 Location: WCSB Room A/B Min: 8 Max: 20  
 #4000.407 M 9/17/12 6:00-10:00 p.m.  
 #4000.408 Sa 10/6/12 8:00-11:00 a.m.  
 #4000.409 M 10/22/12 6:00-10:00 p.m.  
 #4000.410 Sa 12/1/12 8:00-11:00 a.m.

## FIRST AID

Learn to respond to and assess an injury or illness. Topics covered include vital signs, bleeding, heat and cold emergencies, strokes, and seizures. You will receive a state and nationally recognized EMS first aid card and certification. **A \$20 material fee is payable to the instructor at class.**

Instructor: Jack Griswold Age: 12+ yrs  
 Fee: \$10 (+ material fee) Length: 1 day  
 Location: WCSB Room A/B Min: 8 Max: 20  
 #4000.411 Sa 10/6/12 11:00 a.m.-2:00 p.m.  
 #4000.412 M 11/12/12 6:00-10:00 p.m.  
 #4000.413 Sa 12/1/12 11:00 a.m.-2:00 p.m.

## ONLINE DRIVER'S EDUCATION

Learn to drive - the right way!! This is an online course with videos, animated driving scenarios and sample test questions. Learn the rules of the road, major causes of traffic collisions, DMV procedures and much more. A licensed instructor is available to answer any questions. Receive DMV-approved Certificate of Completion. Sign up any time - class is ongoing.

Instructor: Erika Vieyra Age: 15+ yrs  
 Fee: \$49 Length: 24/7 daily access  
 Location: Online  
 #4000.414 Sa 9/1/12 Arranged after registering  
 #4000.415 M 10/1/12 Arranged after registering  
 #4000.416 Th 11/1/12 Arranged after registering

## BECOME SLENDER WITH HYPNOSIS

Slimming down with hypnosis is easy, safe and comfortable. No diet or deprivation is involved. Instead, use the natural ABILITY of your own mind to change the habits and behaviors that have led to weight problems, and create the SUCCESS and SATISFACTION that make you feel good about yourself and add quality to your life. **An accompanying CD is recommended and available in class for \$13. Pillow/blanket/mat optional. For more information, visit [www.hypnosishelptapes.com](http://www.hypnosishelptapes.com)**

Instructor: Pamela J. Schmidt,  
M.S., C.C.H. Age: Adult  
Fee: \$46 (+ material fee) Length: 4 wks  
Location: WCSB Room A/B Min: 8 Max: 20  
#4000.417 M 9/24-10/15 7:30-9:00 p.m.

## BECOME A NON-SMOKER WITH HYPNOSIS

For less than the cost of a carton of cigarettes, you can use the natural ABILITY of your own mind to claim your FREEDOM to be a nonsmoker. Save your breath-and your money. Hypnosis is one of the easiest and most comfortable ways to accomplish this SUCCESS. For all of the important reasons, sign up now. **An accompanying CD is recommended and available in class for \$13. Pillow/blanket/mat optional. For more information, visit [www.hypnosishelptapes.com](http://www.hypnosishelptapes.com)**

Instructor: Pamela J. Schmidt,  
M.S., C.C.H. Age: Adult  
Fee: \$24 (+ material fee) Length: 2 wks  
Location: WCSB Room A/B Min: 8 Max: 20  
#4000.418 M 10/29-11/5 7:30-9:00 p.m.

## PUPPY KINDERGARTEN

Start Your Pup Out on the Right Paw! Establish good manners and valuable socialization skills at an early age for puppies 2-5 months. Class will address puppy care topics such as housebreaking, teething problems, health-care pointers, and will introduce basic obedience commands. **Bring vaccination records and \$10 materials fee (includes training manual) to first meeting, to be held inside the building, WITHOUT PUPPIES.**

Instructor: Khara Knight (HHDOC) Age: 10 yrs+ (Handlers)  
Hacienda Hills Dog Obedience Club 2-5 months (Dogs)  
Fee: \$74 (+material fee) Length: 6 wks  
Location: H. Louis Lake Senior Center Min: 6 Max: 25  
11300 Stanford (between 9<sup>th</sup> & Euclid) in Garden Grove  
#4000.419 Sa 9/22-10/27 8:30-9:30 a.m.

## DOG OBEDIENCE TRAINING

Give your dog a new leash on life! This beginner-level course is open to all breeds of dogs over 5 months (larger breeds accepted at 4 months) Exercises will include the proper heel command, automatic sit, sit-stay and down-stay, stand for inspection, and come commands. Behavior problems such as destructive chewing, hole digging, and over-exuberance will also be addressed. Trophies and certificates will be awarded at graduation. **The first meeting will be an orientation, WITHOUT DOGS. Please bring vaccination records and \$10 materials fee (includes training manual) to first meeting.**

Instructor: Khara Knight Age: 10+ yrs (Handlers)  
Hacienda Hills Dog Obedience Club 6 months+ (Dogs)  
4 months+ (Large breeds)  
Fee: \$86 (+material fee) Length: 8 wks  
Location: H. Louis Lake Senior Center Min: 8 Max: 25  
11300 Stanford (between 9<sup>th</sup> & Euclid) in Garden Grove  
#4000.420 Sa 9/22-11/10 9:30-10:30 a.m.

## DOG MANNERS "CRASH COURSE"

How are you and your dog getting along? What about your dog and your neighbors? Accomplish your dog training goals and get behavior problems under control in just 4 weeks! Basic obedience commands and help with correcting various bad habits will be included. For dogs 4 months and older with current vaccinations. Dogs attend all meetings. **Please pre-register so we may brief you prior to first class. \$5 insurance fee payable to instructor at first lesson.**

Instructor: Khara Knight Age: 10+ yrs (Handlers)  
Hacienda Hills Dog Obedience Club 6 months+ (Dogs)  
4 months+ (Large breeds)  
Fee: \$72 (+material fee) Length: 4 wks  
Location: Bolsa Chica Park Min: 6 Max: 20  
#4000.421 Tu 9/18-10/9 6:30-7:45 p.m.

## HORSE FUN FOR PRESCHOOLERS

Along with your parent you will learn how to handle horses, groom, saddle, and ride them! Wear closed toed shoes, jean pants and bike helmet! No unregistered siblings! **Parent participation required. There will be a \$20 material fee that includes stable fee, weekly material handouts, carrots and arena time, due to the instructor.**

Instructor: Cheryl Skidmore & Staff Age: 3-6 yrs  
Fee: \$65 (+ material fee) Length: 4 wks  
Location: Rancho Del Rio Stables Min: 5 Max: 15  
#4000.422 Sa 9/22-10/13 1:00-2:00 p.m.  
#4000.423 Sa 10/20-11/10 1:00-2:00 p.m.



## HORSE FUN FOR KIDS

So you want to be a cowboy? Learn how to handle horses and ride them! Basic horsemanship, safety and riding are taught! **Please wear closed toed shoes, jean pants and bring a bike helmet! There will be a \$20 material fee which includes stable fee, weekly material handouts, carrots and arena time, will due to the instructor.**

Instructor: Cheryl Skidmore & Staff Age: 7 -12 yrs  
 Fee: \$65 (+ material fee) Length: 4 wks  
 Location: Rancho Del Rio Stables Min: 5 Max: 15

#4000.424	Sa	9/22-10/13	2:00-3:00 p.m.
#4000.425	Sa	10/20-11/10	2:00-3:00 p.m.

## HORSE FUN FOR ADULTS

Join us for 4 weeks of horse fun! We will teach you how to handle horses through hands on haltering, leading, grooming, saddling, and basic riding! **There will be a \$20 material fee due to the instructor at the first class which includes stable payment, carrots, material handouts etc.**

Instructor: Cheryl Skidmore & Staff Age: 13+ yrs  
 Fee: \$65 (+ material fee) Length: 4 wks  
 Location: Rancho Del Rio Stables Min: 5 Max: 15

#4000.426	Sa	9/22-10/13	3:00-4:00 p.m.
#4000.427	Sa	10/20-11/10	3:00-4:00 p.m.

## FUN ON THE FARM

Songs, puppets, real farm animals and pony ride each week to help educate your preschooler! **Parent participation is required. No unregistered siblings. There will be a \$20 material fee due to the instructor at the first class which includes crafts, stable fee, etc.**

Instructor: Cheryl Skidmore & Staff Age: 18 months-6 yrs  
 Fee: \$65 (+ material fee) Length: 4 wks  
 Location: Rancho Del Rio Stables Min: 5 Max: 15

#4000.428	F	9/21-10/12	10:00-11:00 a.m.
#4000.429	F	10/19-11/9	10:00-11:00 a.m.

## Sports and Fitness

### MOMMY/DADDY & ME SOCCER

Introduce yourself and your toddler to the "World's Most Popular Game"! As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills.

Instructor: Kidz Love Soccer Age: 2-3 ½ yrs  
 Fee: \$81 Length: 8 wks

Location: Fountain Valley Recreation Center (Field) Min: 2 Max: 10

#5000.401	M	9/24 - 11/19*	5:10-5:40 p.m.
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\*No class on 11/12.

### TOT SOCCER

Little tykes will enjoy running and kicking just like the big kids! Encourages large motor skills development through fun soccer games and introduces small children to the group setting. Shin guards are required after the first meeting.

Instructor: Kidz Love Soccer Age: 3 ½ -4 yrs  
 Fee: \$81 Length: 8 wks

Location: Fountain Valley Recreation Center (Field) Min: 2 Max: 12

#5000.402	M	9/24 - 11/19*	5:50-6:20 p.m.
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\*No class on 11/12.

### PRE SOCCER

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment. Shin guards are required after the first meeting.

Instructor: Kidz Love Soccer Age: 4-5 yrs  
 Fee: \$81 Length: 8 wks

Location: Fountain Valley Recreation Center (Field) Min: 2 Max: 12

#5000.403	M	9/24 - 11/19*	5:50-6:20 p.m.
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\*No class on 11/12.



## YOGALATIES

Experience the benefits of both Yoga and Pilates! Lose belly fat and strengthen your core. Through Yoga you will stretch, work on strength, and gain flexibility. Through Pilates you will lose excess fat, especially around your stomach and strengthen your core.

Instructor: Athina Rosario

Age: 13+ yrs

Fee: \$49/6 weeks

Length: 5 or 6 wks

\$42/5 weeks

Location: WCSB Room A/B

Min: 5 Max: 30

#5000.404 Tu 9/11-10/16 9:30-10:30 a.m. (6 weeks)

#5000.405 Th 9/13-10/18 9:30-10:30 a.m. (6 weeks)

#5000.406 Tu 10/30-12/11\* 9:30-10:30 a.m. (5 weeks)

#5000.407 Th 11/1-12/13\* 9:30-10:30 a.m. (5 weeks)

\*No classes on 11/13, 11/15, 11/20, & 11/22

## YOGA FOR HEALTH

Work out your stress, develop more balance, and find relief doing Yoga Vinyasa. Yoga is a great form of exercise in that it helps you relax, stretches your muscles, aids in gaining or maintaining balance, helps with flexibility, and is an overall strengthening and relaxing activity. See for yourself why yoga is so helpful for a life of well-being.

Instructor: Athina Rosario

Age: 15+ yrs

Fee: \$49/6 weeks

Length: 5 or 6 wks

\$42/5 weeks

Location: WCSB Room A/B

Min: 5 Max: 30

#5000.408 Tu 9/11-10/16 8:15-9:30 a.m. (6 weeks)

#5000.409 Th 9/13-10/18 8:15-9:30 a.m. (6 weeks)

#5000.410 Tu 10/30-12/11\* 8:15-9:30 a.m. (5 weeks)

#5000.411 Th 11/1-12/13\* 8:15-9:30 a.m. (5 weeks)

\*No classes on 11/13, 11/15, 11/20, & 11/22

## TAI CHI CHUAN FOR HEALTH

There are great benefits in doing tai chi, including feeling more rested, having more energy, and gaining balance. Tai Chi Chuan is a therapeutic and easier form of 26 moves that can be done sitting or standing.

Wednesday classes will be held in WCSB Room 3/4

Instructor: Athina Rosario

Age: 15+ yrs

Fee: \$49/6 weeks

Length: 5 or 6 wks

\$42/5 weeks

Location: WCSB Room A/B & 3/4 Min: 5 Max: 30

#5000.412 Tu 9/11-10/16 10:30-11:30 a.m. (6 weeks)

#5000.413 W 9/12-10/17 9:30-10:30 a.m. (6 weeks)

#5000.414 Th 9/13-10/18 10:30-11:30 a.m. (6 weeks)

#5000.415 Tu 10/30-12/11\* 10:30-11:30 a.m. (5 weeks)

#5000.416 W 10/31-12/12\* 9:30-10:30 a.m. (5 weeks)

#5000.417 Th 11/1-12/13\* 10:30-11:30 a.m. (5 weeks)

\*No classes on 11/13, 11/14, 11/15, 11/20, 11/21 & 11/22



## YOGA STRENGTH (WITH WEIGHTS)

Yoga combined with weights makes the perfect balance of a full body workout with stretching, resistance training, balance work, and exercises for relaxation. **Students must bring their own hand weights to class.**

Instructor: Athina Rosario

Age: 15+ yrs

Fee: \$49/6 weeks

Length: 5 or 6 wks

\$42/5 weeks

Location: WCSB Room 3/4

Min: 5 Max: 30

#5000.418 W 9/12-10/17 8:15-9:30 a.m. (6 weeks)

#5000.419 W 10/31-12/12\* 8:15-9:30 a.m. (5 weeks)

\*No classes on 11/14 & 11/21

## YOGA FOR SENIORS

Let's see how you will gain balance, stability, and flexibly in this yoga class using blankets, straps, and chairs. Please do not eat 4 hours before class, and do not drink 30 minutes before class. Be prepared to remove your shoes and socks. Please, only bring a long, thin, stick mat.

Instructor: Karla Urquidez

Age: 65+

Fee: \$60

Length: 5 wks

Location: WCSB Craft Room

Min: 5 Max: 15

#5000.420 M 10/1-10/29 8:00-9:00 a.m.

## O.C. ELITE CHEER & TUMBLING FOR KIDS AND TEENS!

Join Orange County's National Award winning competitive cheer and tumbling organization! Beginning through advanced levels will learn the correct fundamentals of tumbling, cheerleading, dance, and stunting while increasing flexibility, strength, self-confidence, self-motivation, perseverance, and teamwork skills. Cheerleaders have the opportunity to perform in parades, community events, cheer at local football games, and compete at competitions through the year. If participants decide to join the competitive team, they will be required to purchase uniforms for competitions in October (approximately \$250); however, fundraising opportunities will be available to help defray the cost.

Instructor: Brooke McComb & Staff Age: 3-6 yrs and 7-15 yrs  
 Fee: \$40/\$50/\$60 (+ uniform cost) Length: 4+ wks  
 Location: WCSB East/West Room Min/Max: See Below

### Age 3-6:

Min: 6 Max: 10

#5000.421	M	9/10-10/1	5:15-5:55 p.m.	(\$40 - 4 classes)
#5000.422	M	10/8-10/29	5:15-5:55 p.m.	(\$40 - 4 classes)
#5000.423	M	11/5-11/26*	5:15-5:55 p.m.	(\$40 - 5 classes)
#5000.424	M	12/3-12/17**	5:15-5:55 p.m.	(\$50 - 6 classes)

### Age 7-15:

Min: 6 Max: 25

#5000.425	M	9/10-10/1	6:00-7:30 p.m.	(\$50 - 4 classes)
#5000.426	M	10/8-10/29	6:00-7:30 p.m.	(\$50 - 4 classes)
#5000.427	M	11/5-11/26*	6:00-7:30 p.m.	(\$50 - 5 classes)
#5000.428	M	12/3-12/17**	6:00-7:30 p.m.	(\$60 - 6 classes)

\*There will be a Friday practice on 11/30 from 5:15-5:55 p.m. for age 3-6 and 6:00-7:30 p.m. for age 7-15.

\*\*There will be a Thursday and Friday practices on 12/6, 12/14, and 12/21 from 5:15-5:55 p.m. for age 3-6 and 6:00-7:30 p.m. for age 7-15.

## GYMNASTICS - PARENT-N-ME

Parents are coaches too! Enjoy participating in your child's motor development and bond while having fun. Activities include balance and basic tumbling development, flexibility and strength skills using our various mats and equipment including low beam, foam pit, mini-bars, tumble-trak and trampoline.

Instructor: New Hope Gymnastics Staff Age: 1 ½ -3 yrs  
 Fee: \$115 Length: 8 wks  
 Location: New Hope Academy Gymnastics Min: 4 Max: 10

#5000.429	M	9/17-11/5	11:00 a.m.-12:00 p.m.
#5000.430	Tu	9/18-11/6	5:30-6:30 p.m.
#5000.431	Sa	9/22-11/10	11:30 a.m.-12:30 p.m.

\*No class on 7/3 and 7/7.

## INTRO TO PARKOUR GYMNASTICS

Parkour-street gymnastics is an EXCITING, FUN gateway to heightened motor development and increased physical, emotional and social confidence. "Free-running" skills (flipping, tumbling, and vaulting) are taught in our state-of-the-art facility using obstacle courses. Strength flexibility leads to overall fitness and translate well to other sports.

Instructor: New Hope Gymnastics Staff Age: 8-14 yrs  
 Fee: \$115 Length: 8 wks  
 Location: New Hope Academy Gymnastics Min: 4 Max: 8  
 #5000.432 W 9/19-11/14\* 7:00-8:00 p.m.  
 \*No class on 10/31.

## TOT PLAYTIME

Enjoy an hour of non-instructed fun-bouncing, balancing, rolling, laughing, and bonding with your child. Our safe, stimulated facility provides for consistent playtime regardless of weather. A helpful coach and all equipment are available for your enjoyment including a foam pit and trampolines.

Instructor: New Hope Gymnastics Staff Age: 1 ½ -6 yrs  
 Fee: \$55 Length: 8 wks  
 Location: New Hope Academy Gymnastics Min: 4 Max: 12

#5000.433	M	9/17-11/5	11:00 a.m.-12:00 p.m.
#5000.434	Th	9/20-11/8	10:00 a.m.-11:00 a.m.

## GYMNASTICS - PRESCHOOL COED

Our Beginning Gymnastics program promotes physical, emotional and social confidence as well as heightened motor development. Gymnastics skills, flexibility and strength are taught via a variety of fun activities using our various equipment including mats, low beam, foam pit, mini bars, tumble-trak and trampoline.

Instructor: New Hope Gymnastics Staff Age: 3-6 yrs  
 Fee: \$115 Length: 8 wks  
 Location: New Hope Academy Gymnastics Min: 4 Max: 8  
 #5000.435 M 9/17-11/5 10:00-11:00 a.m.  
 #5000.436 Tu 9/18-11/6 6:30-7:30 p.m.  
 #5000.437 Sa 9/22-11/10 8:30-9:30 a.m.

## GYMNASTICS – LEVEL 1 GIRLS and BOYS

Gymnastics is a FUN gateway to heightened motor development and increased physical, emotional and social confidence. Basic gymnastics skills, flexibility and strength-taught using our state-of-the-art equipment including bars, beams, foam pit and trampolines-can lead to higher level training or translate to other sports. For boys, equipment includes bars, pommel, rings, mushroom, foam pit, and trampolines.

Instructor: New Hope Gymnastics Staff Age: 5-10 yrs  
 Fee: \$165 Length: 8 wks  
 Location: New Hope Academy Gymnastics Min: 4 Max: 10

### Level 1 Girls:

#5000.438	F	9/21-11/9	3:30-5:00 p.m.
#5000.439	F	9/21-11/9	5:00-6:30 p.m.
#5000.440	Sa	9/22-11/10	9:00-10:30 a.m.
#5000.441	Sa	9/22-11/10	10:30 a.m.-12:00 p.m.

### Level 1 Boys:

#5000.442	M	9/17-11/5	5:00-6:30 p.m.
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## PARENT & ME ICE SKATING

What a great opportunity to bond with your child as you both learn to skate in a fun and relaxed atmosphere. One parent and one child per class. Includes skate rental, 30-minute lesson, free practice on the day of class (3:10-4:40 p.m. for Tuesday class and 12:00-2:00 p.m. for Saturday class), and three additional skating passes to be used during the 4-week session. **Please arrive 15 minutes early to the 1<sup>st</sup> class and dress warm.**

Instructor: Westminster Ice Arena Staff Age: 3-5 yrs  
 Fee: \$37 Length: 4 wks  
 Location: Westminster ICE Min: 1 Max: 8

#5000.443	Tu	9/25-10/16	4:10-4:40 p.m.
#5000.444	Sa	9/29-10/20	11:15-11:45 a.m.
#5000.445	Tu	10/23-11/13	4:10-4:40 p.m.
#5000.446	Sa	10/27-11/17	11:15-11:45 a.m.

## ICE SKATING FOR TOTS

Beginning ice skating made fun and easy. Your skater will have a smile on their face when he/she learns how to march, glide, hop and wiggle backwards on the ice. Includes skate rental, 30-minute lesson, free practice on day of class (3:00-5:00 p.m. for Wednesday class and 12:00-2:00 p.m. for Saturday class), and three additional skating passes to be used during the 4-week session. **Please arrive 15 minutes early to the 1<sup>st</sup> class and dress warm.**

Instructor: Westminster Ice Arena Staff Age: 3-5 yrs  
 Fee: \$37 Length: 4 wks  
 Location: Westminster ICE Min: 1 Max: 8

#5000.447	W	9/26-10/17	5:10-5:40 p.m.
#5000.448	Sa	9/29-10/20	10:45-11:15 a.m.
#5000.449	W	10/24-11/14	5:10-5:40 p.m.
#5000.450	Sa	10/27-11/17	10:45-11:15 a.m.

## BEGINNING ICE SKATING

Enjoy the Winter Olympics' most beautiful sport-Figure Skating. Learn to skate across the ice forward and backward, stop, hop, spin, and more! Includes skate rental, 30-minute lesson, free practice on day of class (3:00-4:30 p.m. for Wednesday class and 12:00-2:00 p.m. for Saturday class), and three additional skating passes to be used during the 4-week session. **Please arrive 15 minutes early to the 1<sup>st</sup> class and dress warm.**

Instructor: Westminster Ice Arena Staff Age: 6-16 yrs  
 Fee: \$37 Length: 4 wks  
 Location: Westminster ICE Min: 1 Max: 12

#5000.451	W	9/26-10/17	4:30-5:00 p.m.
#5000.452	Sa	9/29-10/20	11:15-11:45 a.m.
#5000.453	W	10/24-11/14	4:30-5:00 p.m.
#5000.454	Sa	10/27-11/17	11:15-11:45 a.m.

## BEGINNING ICE SKATING FOR ADULTS

Learn to skate across the ice forward and backward, stop, hop, spin, and more! Includes skate rental, 30-minute lesson, free practice on day of class (6:40-7:10 p.m.) and three additional skating passes to be used during the 4-week session. **Please arrive 15 minutes early to the 1<sup>st</sup> class and dress warm.**

Instructor: Westminster Ice Arena Staff Age: 17+ yrs  
 Fee: \$37 Length: 4 wks  
 Location: Westminster ICE Min: 1 Max: 12

#5000.455	W	9/26-10/17	6:10-6:40 p.m.
#5000.456	W	10/24-11/14	6:10-6:40 p.m.



## ICE HOCKEY SKATING SKILLS

Want to play hockey but don't know where to start? Learn basic skating skills necessary for hockey including forward and backward skating, stopping, and turning. Pucks and sticks are not used during this class. Includes skate rental, 30-minute lesson, free practice on day of class (3:00-5:00 p.m. for Wednesday class and 12:00-2:00 p.m. for Saturday class), and three additional skating passes to be used during the 4-week session. **Please arrive 15 minutes early to the 1<sup>st</sup> class and dress warm.**

Instructor: Westminster Ice Arena Staff Age: 6-16 yrs  
 Fee: \$37 Length: 4 wks  
 Location: Westminster ICE Min: 1 Max: 12

#5000.457	W	9/26-10/17	6:10-6:40 p.m.
#5000.458	Sa	9/29-10/20	10:45-11:15 a.m.
#5000.459	W	10/24-11/14	6:10-6:40 p.m.
#5000.460	Sa	10/27-11/17	10:45-11:15 a.m.

## LITTLE STARS TAEKWONDO

Taekwondo will teach the kids characteristics that enforce honor, integrity, self-control, goals, courtesy, loyalty and assertiveness training. Students will also learn basic kicking techniques, basic punches, blocks, basic self-defense and form training. **There will be a \$20 material fee due to the instructor for uniform.**

Instructor: Sungho Park Age: 4-6 yrs  
 Fee: \$99 (+material fee) Length: 9 wks  
 Location: Fivestar Taekwondo School Min: 1 Max: 20

#5000.461	M,W	9/10-11/7	6:00-6:40 p.m.
#5000.462	Tu,Th	9/11-11/8	6:40-7:20 p.m.

## TAEKWONDO FOR KIDS

Taekwondo will teach the kids characteristics that enforce honor, integrity, self-control, goals, courtesy, loyalty and assertiveness training. Students will also learn basic kicking techniques, basic punches, blocks, basic self-defense and form training. **There will be a \$20 material fee due to the instructor for uniform.**

Instructor: Sungho Park Age: 7-12 yrs  
 Fee: \$99 (+material fee) Length: 9 wks  
 Location: Fivestar Taekwondo School Min: 1 Max: 20

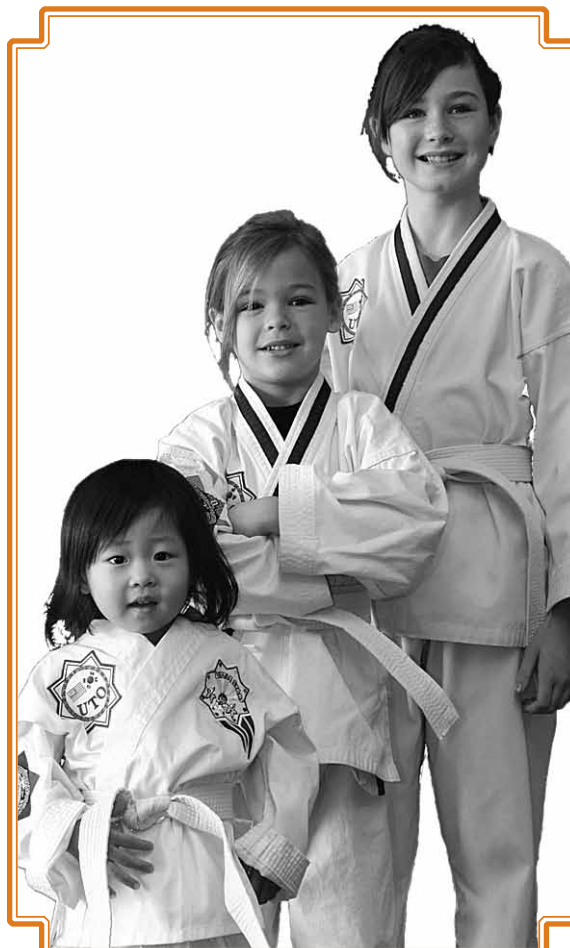
#5000.463	M,W	9/10-11/7	6:40-7:20 p.m.
#5000.464	Tu,Th	9/11-11/8	6:00-6:40 p.m.

## SHORINJI KEMPO MARTIALARTS for Adults

Shorinji Kempo is a martial art that teaches people to be peaceful, improve their minds, promote good health and is a means of protecting oneself. Rather than always focusing on physical strength, Shorinji Kempo also improves the character of the person through the study of: Japanese language, punches, kicks, escapes, and philosophy. For questions about the class, feel free to email [Yukiko.rastogi2@verizon.net](mailto:Yukiko.rastogi2@verizon.net) 714-585-2162 or 949-510-1569. **We are an official 501c3 NON-PROFIT ORGANIZATION (27-3455471) for the betterment of the community.**

Instructor: Pankaj Rastogi Age: 13+ yrs  
 Fee: \$35 Length: 1 month  
 Location: Carden Conservatory Min: 1 Max: 35

#5000.465	M,Th	9/10-10/4	7:30-9:00 p.m.
#5000.466	M,Th	10/8-11/1	7:30-9:00 p.m.
#5000.467	M,Th	11/5-11/29	7:30-9:00 p.m.



## SHORINJI KEMPO MARTIAL ARTS for Kids and Teens

Shorinji Kempo is a martial art that teaches people to be peaceful, improve their minds, promote good health and is a means of protecting oneself. Rather than always focusing on physical strength, Shorinji Kempo also improves the character of the person through the study of: Japanese language, punches, kicks, escapes, and philosophy. For questions about the class, feel free to email the instructor at [Pankaj.rastogi@panasonic.aero](mailto:Pankaj.rastogi@panasonic.aero) or call 714-585-2162 or 949-510-1569. **We are an official 501c3 NON-PROFIT ORGANIZATION (27-3455471) for the betterment of the community.**

Instructor: Pankaj Rastogi

Age: 5-13 yrs

Fee: \$35

Length: 1 month

Location: Carden Conservatory

Min: 1 Max: 35

#5000.468 M,Th 9/10-10/4 6:30-7:30 p.m.

#5000.469 M,Th 10/8-11/1 6:30-7:30 p.m.

#5000.470 M,Th 11/5-11/29 6:30-7:30 p.m.



## BEGINNING/ADVANCED KARATE

Continue to learn the art of self-defense. Improve coordination, confidence, respect, discipline, and sportsmanship. Progress from beginner to Black Belt under Masters 2000 Hall of Fame Inductee Gary Pitts in the Japan Federation Style, "Shito-Ryu". Parents should remain outside classroom.

Instructor: Gary Pitts

Age: 7+ yrs

Fee: \$35

Length: 4 wks

Location: WCSB East/West Room

Min: 6 Max: 28

#5000.472 Th 9/20-10/11 5:30-6:00 p.m.

## ADULT KARATE

Learn the art of self-defense. Improve coordination, confidence, respect, discipline, and sportsmanship. Progress from beginner to Black Belt under Masters 2000 Hall of Fame Inductee Gary Pitts in the Japan Federation Style, "Shito-Ryu".

Instructor: Gary Pitts

Age: 18+ yrs

Fee: \$35

Length: 4 wks

Location: WCSB East/West Room

Min: 6 Max: 28

#5000.473 Th 9/20-10/11 6:00-6:30 p.m.



## KIDDIE KARATE

Learn basic techniques and principles emphasizing the three "C's": coordination, confidence, and concentration. Wear loose clothing. Parents should remain outside classroom.

Instructor: Gary Pitts

Age: 3-6 yrs

Fee: \$30

Length: 4 wks

Location: WCSB East/West Room

Min: 6 Max: 28

#5000.471 Th 9/20-10/11 5:00-5:30 p.m.

## JUDO~JUST FOR KIDS

An introductory class that focuses on the way of Judo by building the child's skills physically, mentally, and spiritually. This pertains to tumbling and falling drills, basic judo techniques and terminology, and learning self discipline. Included in the techniques are Judo throwing and controlling techniques.

Instructor: Tu Nguyen

Age: 5-12 yrs

Fee: \$85

Length: 4 wks

Location: WCSB Room A/B

Min: 3 Max: 15

#5000.474 Tu,W,F 9/18-10/12 6:00-7:30 p.m.

#5000.475 Tu,W,F 10/16-11/9 6:00-7:30 p.m.

#5000.476 Tu,W,F 11/13-12/11\* 6:00-7:30 p.m.

\*No class on 11/23. Makeup on 12/11.

## COMPETITIVE JUDO~ BIG KIDS & ADULTS

This class is designed for all levels to learn the competitive aspects of Judo. This class focuses on training for a competition and the self defense aspects of Judo. Learn how to lose weight, increase your strength, quickness, coordination and flexibility while learning one of Japan's most prominent martial art! This class includes Judo throwing (tachi waza), chok-ing (shime waza), and joint manipulation (kansetsu waza) techniques.

Instructor: Tu Nguyen

Fee: \$85

Location: WCSB Room A/B

Age: 13+ yrs

Length: 4 wks

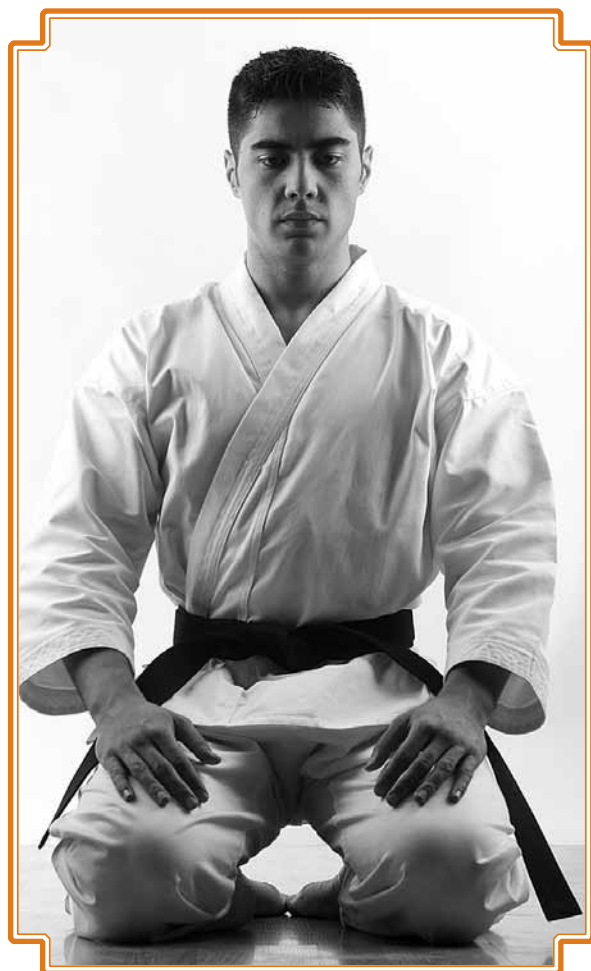
Min: 3 Max: 15

#5000.477 Tu,W,F 9/18-10/12 7:30-9:00 p.m.

#5000.478 Tu,W,F 10/16-11/9 7:30-9:00 p.m.

#5000.479 Tu,W,F 11/13-12/11\* 7:30-9:00 p.m.

\*No class on 11/23. Makeup on 12/11.



## Tennis

### TINYTOTENNIS

Introduce your little one to a great sport taught by Becky Recavarren, a member of the United States Professional Tennis Association. Her half hour class focuses on general motor skills development. **A racquet and one unopened can of tennis balls are required.**

Instructor: Becky Recavarren, USPTA

Fee: \$35

Location: Park West Park

Age: 4-6 yrs

Length: 5 wks

Min: 6 Max: 15

#6000.401 Tu 9/4-10/2 4:00-4:30 p.m.

#6000.402 W 9/5-10/3 4:00-4:30 p.m.

#6000.403 Th 9/6-10/4 3:30-4:00 p.m.

#6000.404 Tu 10/16-11/13 4:00-4:30 p.m.

#6000.405 W 10/17-11/14 4:00-4:30 p.m.

#6000.406 Th 10/18-11/15 3:30-4:00 p.m.

### BEGINNING JUNIORS

Taught by Becky Recavarren, a member of the United States Professional Tennis Association, your junior tennis star will learn the basics while at the same time develop a lifetime enjoyment for the sport. **A racquet and one unopened can of tennis balls are required.**

Instructor: Becky Recavarren, USPTA

Fee: \$55

Location: Park West Park

Age: 7-15 yrs

Length: 5 wks

Min: 6 Max: 15

#6000.407 Tu 9/4-10/2 4:30-5:30 p.m.

#6000.408 W 9/5-10/3 4:30-5:30 p.m.

#6000.409 Sa 9/8-10/6 8:00-9:00 a.m.

#6000.410 Tu 10/16-11/13 4:30-5:30 p.m.

#6000.411 W 10/17-11/14 4:30-5:30 p.m.

#6000.412 Sa 10/20-11/17 8:00-9:00 a.m.



**INTERMEDIATE/ADVANCED JUNIORS**

Becky Recavarren, a member of the United States Professional Tennis Association, will guide your developing junior tennis player through this course which covers more advanced strokes and scoring, including drills and actual playing. **A racquet and one unopened can of tennis balls are required.**

Instructor: Becky Recavarren, USPTA    Age: 7-15 yrs  
 Fee: \$55    Length: 5 wks  
 Location: Park West Park    Min: 6    Max: 15

#6000.413	Tu	9/4-10/2	5:30-6:30 p.m.
#6000.414	W	9/5-10/3	5:30-6:30 p.m.
#6000.415	Tu	10/16-11/13	5:30-6:30 p.m.
#6000.416	W	10/17-11/14	5:30-6:30 p.m.

**BEGINNING/INTERMEDIATE ADULTS**

Becky Recavarren has the skills needed to help you begin or resume your adult tennis interest. This course covers strokes and scoring, including drills, serving, forehand, backhand, and volleys. **A racquet and one unopened can of tennis balls are required.**

Instructor: Becky Recavarren, USPTA    Age: 16 yrs to Adult  
 Fee: \$55    Length: 5 wks  
 Location: Park West Park    Min: 6    Max: 15

#6000.417	Tu	9/4-10/2	6:30-7:30 p.m.
#6000.418	Sa	9/8-10/6	9:00-10:00 a.m.
#6000.419	Tu	10/16-11/13	6:30-7:30 p.m.
#6000.420	Sa	10/20-11/17	9:00-10:00 a.m.

**INTERMEDIATE/ADVANCED JR.****TOURNAMENT PLAY**

**Instructor permission required for this class.** Juniors will play match-play specific games, along with playing matches.

Instructor: Becky Recavarren, USPTA    Age: 10-16 yrs  
 Fee: \$55    Length: 5 wks  
 Location: Park West Park    Min: 6    Max: 15

#6000.421*	Th	9/6-10/4	4:00 - 5:15 p.m.
#6000.422*	Th	10/18-11/15	4:00 - 5:15 p.m.

\*Instructor Permission Only

Parks  
 Make  
 Life  
 Better! <sup>SM</sup>

# VISUAL, PERFORMING, & CULTURAL ARTS

**BLAKEY HISTORICAL PARK & MUSEUM** - Call Joy L. Neugebauer at (714) 891-2597. Blakey Park is located at 8612 Westminster Blvd., just east of Newland Street. The museum and park feature a variety of displays depicting the everyday life of persons living here during the late 19th and early 20th centuries. The Westminster Historical Society operates the park, with museum hours on the first Sunday afternoon of the month from 1:00 to 4:00 p.m. For guided tours, special arrangements can be made to accommodate your group. Students of all ages are welcome to do research at the Museum. If you would like to become a member and help preserve our common heritage for future generations, drop by the Museum or call the number listed above.

**LAS TAPATIAS FOLKLORIC DANCERS** - Call Julia Martinez at (714) 893-2784. Audiences enjoy Las Tapatias' colorful costumes and spirited Mexican dances. All ages participate. Children begin dancing at an early age, but adult performers are also welcome. Las Tapatias rehearses at the Westminster Community Services & Recreation Building, Craft Room on Wednesdays at 7:00 p.m. Call to join the group, attend a performance, or to schedule them to entertain for your event.

**VIETNAMESE CULTURAL PROGRAMS** - Call Professor Chau Van Nguyen, Program Director, at (714) 531-4907, or (714) 240-0475 (cell). Traditional Vietnamese music, song and dance are performed by multi-talented Vietnamese artists. Musicians who perform on traditional instruments, such as the monostring, two-string fiddle, bamboo flute, and other instruments, are available to entertain along with the colorful drum dancers, dragon dancers, youth, and adult choirs.

**WESTMINSTER CHORALE** - Call Robert Munn at (714) 894-5644 or (714) 496-5607. The Chorale performs a variety of music that includes patriotic, show tunes, religious, country western, jazz, and operettas. Rehearsals are held weekly on Mondays at 7:00 p.m. in the Senior Center dining room, Civic Center, 8200 Westminster Blvd. Call to find out how you can book this dynamic chorale for your event or ask about performance dates.

**WESTMINSTER COMMUNITY THEATER** - Call Rhonda at (714) 527-5546. The theater is located at 7272 Maple Street. WCT has been entertaining local audiences with live theater for over 30 years. Productions feature fine family entertainment with comedies, musicals, and plays each season. Phone Rhonda for tickets or current show information.

**NICHOLSON PIPES & DRUMS** - Call Malcolm Willis at (714) 891-9445 and ask the operator to page him. This award-winning Scottish bagpipe band marches in parades, plays at a variety of special events, holds annual concerts, takes part in regional and national competitions, and is available for bookings at any private party or public event. New musicians are welcomed into the group and quickly become part of this fantastic band. Just call Malcolm for current information on bookings, rehearsals, lessons, and performances.

**ORANGE COUNTY CHILDREN'S THEATER** - Call (714) 502-2244. This group of talented young actors, singers, dancers, and their parents has been active in the Southland area for more than 20 years. This theater organization is for children, by children, and is open to all young people ages 5 through 18. Parent involvement is required. Call now to get on their mailing list so you will not miss productions or auditions.

**ORANGE COUNTY ROSE SOCIETY** - Call Tom Cooney at (949) 362-2710 or visit our website at <http://www.websightstech.com/ocrs/>. Join this group of rose lovers and increase your knowledge of growing roses in your garden. The Orange County Rose Society (OCRS) is a group of people who grow and enjoy roses and is dedicated to fostering the enjoyment, enhancement, and education of the rose. OCRS is affiliated with the American Rose Society. OCRS holds monthly meetings on the first Thursday of each month, except for July and August. Monthly meetings include educational presentations on the care of roses. You'll also have access to have your questions answered by American Rose Society certified Consulting Rosarians.

**ROSE CENTER FOUNDATION** - The Rose Center Foundation is a non-profit organization that administratively operates the beautiful, new, 419 seat Rose Center Theater located within the Westminster Rose Center at 14140 All American Way. State-of-the-art performances are held in the theater throughout the year. To contact the Rose Center for information please call Mayor Margie L. Rice at: 714-548-3183 or 714-893-1732. For event and ticket information, please call the theater Box Office at 714-793-1150. [www.rosecentertheater.com](http://www.rosecentertheater.com)

**WESTMINSTER TOASTMASTERS** - Call William "Bill" or Carol Ostashay at (714) 897-2737. Join this group of orators and become a professional speaker. Whether already a skilled professional, a leader-in-training, or even a parent who wants to improve his/her speaking skills, this organization can help you learn how to relax, plan, and present your ideas more professionally. A member organization of Toastmasters International, members compete and perform at various functions.

## Westminster Senior Center

The Westminster Senior Center is a focal point for seniors, offering an array of services and activities. Listed below are the types of services offered. If you desire additional information, please call the Senior Center at (714) 895-2878, Monday – Thursday, 7:30 a.m. – 5:30 p.m., and Fridays 7:30 a.m. – 4:30 p.m., and alternate Fridays 8:00 a.m. – 1:00 p.m.



### The Westminster Senior Center offers a variety of services such as:

- Blood Pressure Testing
- Commodities Distribution
- Home Meals
- Information and Referrals
- Free Legal Services
- Westminster on Wheels (WOW) Nutrition & Shuttle Transportation
- Health Screening
- H.I.C.A.P (Health Insurance Counseling and Advocacy Program)

For more information on any of these services, please visit our website at [www.westminster-ca.gov](http://www.westminster-ca.gov), go to City Departments, Community Services, and click on Senior Services, or call the Senior Center at 714-895-2878.

### SENIOR FITNESS

Join one of the following FREE weekly exercise classes, designed specifically for older adults.

Adult Fitness	Monday	10:00 a.m.
Adult Fitness	Wednesday	10:00 a.m.
Beginning Adult Fitness	Monday & Wednesday	12:30 p.m.
Balance & Mobility	Monday & Wednesday	9:00 a.m.
Longevity Stick	Monday & Thursday	9:00 a.m.
Tai Chi*	Friday	8:30 a.m.

\*This Tai Chi class has a small registration fee. Please call 714-895-2878 for more information.

## Huntington Beach Adult School Classes

The Following classes are fee-based and require advanced registration through Huntington Beach Adult School. Please call 714-901-8106 ext. 4405 for registration information.

Intro to Dance Aerobics	Monday	1:30 p.m.
Dance Aerobics 2	Thursday	9:00 a.m.
Dance Aerobics 2/3	Thursday	3:00 p.m.
Dance Aerobics 3	Thursday	10:30 a.m.
Dance Aerobics 4	Tuesday & Thursday	12:45 p.m.
Stretch & Flex	Tuesday	9:30 a.m.
Low Impact Aerobics	Tuesday	10:45 a.m.

### Adult Public Health Nursing Services (APHNS)

These short seminars are held on Wednesdays at 11:00 a.m. They are free & informative.

September 5	Shingles
October 3	End of Life Conversations
November 7	Brown Bag Day presented by Bill Liu
December 5	Urinary Tract Infection

### Diabetes Education and Support Group (APHNS)

Facilitated by Jane Herin, R.N., certified diabetes educator. The group meets the 3<sup>rd</sup> Wednesday of each month from 12:30 p.m. to 2:00 p.m. Everyone is welcome to attend. Current topics to be discussed are:

September 19	Foot Care
October 17	Rich Eating on a Poor Income
November 21	Holiday Stress
December 19	New Diabetes Medication

### Life Story Writing

Join this Life Story Writing group to get ideas, stimulation and inspiration from each other as we share our stories. Using cartoons, articles, proverbs, poems and historic news events will help us remember own life experiences in discussion and writing. ALL NEW TOPICS. Old and new members are welcome. Meetings begin Monday, September 10, through November 12, 12:30 to 2:00 p.m. NO CHARGE. Call Nancy at 714-832-2888 for more information. Facilitator: Nancy Sink, MSG



## Programs and Classes

### DAILY DINING

Try our hot meals offered Monday through Friday in our Senior Center Dining Room. If you are 60 years or older (or married to someone who is), the suggested donation is only \$2.50 for the hot lunch. No reservation is necessary, but come early to assure a place! Serving time is 11:45 a.m. Lunch is served at 11:30 a.m. on Fridays. Pick up a "Senior Spotlight" for only 50 cents at the Senior Center for the month's menu, which is also on the city's website.

### SAFETY DRIVING PROGRAM

This AARP sponsored refresher course for drivers is taught by a trained instructor. Class meets for 8 hours over a 2-day period, from 8:30 a.m. to 12:30 p.m.. **The fee is \$12 per person if you are a member of AARP and \$14 per person if you are not a member.** Registration is required. Please make checks payable to AARP. Classes will be held on the following dates:

October 4 and 5  
December 13 and 14

### We Offer Many More Senior Programs & Classes Such As:

- Crocheting and Knitting
- Balance & Mobility
- Bridge Club
- Mah Jongg
- Longevity Stick
- Dinner Group
- Chess Club
- Sudoku

For more information on any of these programs, please visit our website at [www.westminster-ca.gov](http://www.westminster-ca.gov), go to City Departments, Community Services, and click on Senior Services, or call the Senior Center at 714-895-2878.

### FREE MOVIE FRIDAYS!

Every Friday at 9:15 a.m. a movie is shown. There is no charge for the screening. The "Senior Spotlight" lists the movies monthly.

## WESTMINSTER SENIOR CENTER FOUNDATION

The Westminster Senior Center Foundation (WSCF) was incorporated in December 2002. The Foundation's mission is "To engage in charitable activities and to assist (both financially and otherwise) the Westminster Senior Center and its programs."



### TRIPS AND EXCURSIONS

Call the Senior Center or stop by for specific trip details. Day trips and overnight trips are offered. Prices for overnight trips are based on double occupancy. A few single rooms may be available at a higher rate. Note: Prices on all excursions are approximate and may vary. Trips fill quickly. Sign up early at the Reception Desk to reserve your spot.

The following excursions are being planned for your enjoyment:

Valley View Casino	September 6	\$33 p/p
Viejas Indian Casino	September 25	\$17 p/p
Pala Indian Casino	October 16	\$19 p/p
Barona Indian Casino	October 24	\$15 p/p
Pechange Indian Casino	November 7	\$33 p/p
Laughlin Christmas	December 5-7	\$96/double \$116/single

### VOLUNTEERS ARE NEEDED!

If you are interested in volunteering, please call Claire Hutchinson at (714)-895-2878.

## Daily Water Saving Tips

### Indoor

Turn off your faucet while brushing your teeth or shaving (saves 6 – 12 gallons)

Fix faucet leaks (saves 20 gallons)

Wash only full loads in dishwasher and clothes washer (saves 15 – 30 gallons)

Install a low flow showerhead and cut shower time by 2 minutes (saves 15 gallons)

### Outdoor

Try reducing outdoor watering times by one minute

Use a pool cover for swimming pools to reduce evaporation (saves 30 gallons)

Put a layer of mulch around trees and plants (saves 750 gallons per month)

Set your lawn mower blades one notch higher (save 500 gallons per month)



## California Friendly Landscape and Gardening Classes Online

Discover the latest ways to reduce water use in landscapes by taking free classes on line. Classes cover the basics of irrigation systems, watering and fertilizing, basic landscape design, and plant identification. To get started visit [www.bewaterwise.com](http://www.bewaterwise.com) and click on the Classes tab.

## Water Customer Service

For water billing, charges, turn-on or turn-off services call (714) 894-3796.

For water main breaks, leaks, quality, or pressure problems call (714) 895-2876, 6:30 a.m. to 5 p.m.

After business hours water emergencies call the Westminster Police Department (714) 898-3315.

## Water Conservation Ordinance

Water Conservation Ordinance No. 2449 adopted in May 2009 outlines the permanent water restrictions below.

- No outdoor watering between the hours:  
9 a.m. – 5 p.m. October - May  
8 a.m. – 6 p.m. June – September
- Water no longer than 15 minutes per irrigation station per day
- No excessive water run-off
- No washing down hard or paved surfaces
- Fix water leaks within 7 days
- Decorative water features must use re-circulating water
- When washing vehicles must use self-closing positive shut-off nozzle on garden hose
- Restaurants are required to serve water upon request only
- Hotels and motels are required to provide guests option to decline daily linen service
- Commercial car washes and laundries are required to use re-circulating water systems
- Restaurants are required to use water conserving pre-rinse spray valves

The Water Division is available to help you save water at home and at work. Call 714 548-3690 to schedule a water audit. Check out <http://www.mwdoc.com/services/conservation-resources> to get information about resources and the current rebates being offered.



## Water Conservation Garden

**Visit Westminster's Water Conservation Garden at 6312 California Ave.** Over 20 species of drought tolerant California friendly and native plants, trees, and turf are on display. Local nurseries were used to provide plants and signs are posted to identify the species and costs. Hardscape materials were donated by local vendors and offer a beautiful alternative to turf.

It's easy and inexpensive to create a beautiful low-water garden of your own!



## Have 2 Ways Out (Courtesy of NFPA)

The reality is that when fire strikes, your home could be engulfed in smoke and flames in just a few minutes.

It is important to have a home fire escape plan that prepares your family to think fast and get out quickly when the smoke alarm sounds. What if your first escape route is blocked by smoke or flames? That's why having two ways out is such a key part of your plan. We practice fire drills at work and school, but in reality, most fires occur in the home and yet most do not have a plan or have practiced their plan.

This year's fire prevention theme, "Have 2 Ways Out!", focuses on the importance of fire escape planning and practice.

## Save Over 900 Lives a Year

Fire deaths have been cut in half since smoke alarms were introduced in the late 1970s. An estimated 95% of homes have at least one smoke alarm, but an estimated 20% of smoke alarms are not functioning due to missing or dead batteries. Almost 900 lives could be saved each year if all homes had working smoke alarms.

Orange County Safe Apartments suggests everyone maintain their smoke alarms by:

- Testing them monthly
- Replacing the batteries according to manufacture recommendation
- Vacuuming once a year
- Replace the entire unit every 8-10 years; or manufacture recommendation

**Orange County Fire Authority has been awarded a federal grant which provides a limited supply of smoke alarms for individuals who meet the following requirements:**

1. Individuals must be hard of hearing
2. Individuals must live in an apartment, condominium, or multi-family residence
3. Individuals must live within Orange County Fire Authority jurisdiction



[www.westminster-ca.gov](http://www.westminster-ca.gov)



## RADIO AMATEUR CIVIL EMERGENCY SERVICE

RACES are Public-safety volunteers which are licensed Amateur Radio Operators that are trained to assist local government during time of emergency and disaster or for routine events and activities. They are trained and certified to provide public-safety communications support.

Westminster RACES are looking for certified Ham Radio Operators to perform vital volunteer communications during Westminster Community Events and Disaster or Emergency Incidents.

If you are interested in becoming a member of the City of Westminster RACES, please contact RACES Radio Officer Chi Nguyen, KE6MVS (714) 869-1441 e-mail; chinguyen@yahoo.com or RACES Assistant Radio Officer Adam Valek, N6HVC (714) 892-5961 for further information.





# Support your City

**Shop Local  
Shop Westminster—  
It makes Sense!**

*Every time you shop in Westminster, one cent of every dollar you spend goes straight to your city's public services including your Police Department! Why spend your dollars anywhere else?*



1. **Protect Local Character and Prosperity**—Westminster is unlike any other city in the world. By choosing to support locally owned businesses, you help maintain Westminster's diversity and authenticity.
2. **Community Well-Being**—Locally owned businesses build strong neighborhoods by sustaining communities, linking neighbors, and by contributing more to local causes.
3. **Local Decision Making**—Local ownership means that important decisions are made locally by people who live in the community and who will feel the impacts of those decisions.
4. **Keeping Dollars in the Local Economy**—Your dollars spent in locally-owned businesses have three times the impact on your community as dollars spent at national chains. When shopping locally, you simultaneously create jobs, fund more city services through sales tax, invest in neighborhood improvement and promote community development.
5. **Entrepreneurship**—Entrepreneurship fuels Westminster's economic innovation and prosperity, and serves as a key means to upward mobility. Locally owned businesses also create more jobs locally and, provide better wages.

**Next time you buy a car, a television, or bag of groceries, make sure you do it in Westminster.**

## MOMMY & ME

### "Early Stimulation Program"

Westminster Family Resource Center and MOMS Orange County invite you and your baby, ages 12 months to 24 months, to come enjoy a time for learn and play. Classes include:

- ❖ Games
- ❖ Songs
- ❖ Gymnastics
- ❖ Stimulation exercises
- ❖ Interaction with other babies
- ❖ Exploration and much more!

For more information and to register, please call (714) 903-1331.



## Vietnamese Lactation and Nutrition Class

This 6-week series educates mothers about their newborn's nutrition and how to breastfeed.

The first class begins September 5, 2012.

For more information and/ or to register please call: (714) 903-1331.

## MAMI Y YO

### "Programa de estimulación temprana"

El centro comunitario de Westminster y MOMS Orange County invitan a usted y a su bebé, dentro de 12 y 24 meses de edad, a disfrutar de un momento de aprendizaje y diversión. Clases incluyen:

- ❖ Juegos
- ❖ Cantos
- ❖ Gimnasia
- ❖ Ejercicios de estimulación
- ❖ Interactuar con otros bebés
- ❖ ¡Exploración y mucho más!

Para más información y/o para registrarse por favor llame al (714) 903-1331..

## Lớp học về dinh dưỡng và cách nuôi con bằng sữa mẹ

Lớp 6 tuần, hướng dẫn sản phụ cách chăm sóc dinh dưỡng và cho trẻ sơ sinh bú sữa mẹ

Bắt đầu : Thứ Tư 09/05/2012. Từ 10 AM - 12 PM

Xin vui lòng gọi đến trung tâm trợ giúp gia đình thành phố Westminster để biết thêm chi tiết và ghi danh: 714-903-1331.



# ARE YOU PREPARED WHEN DISASTER HITS?

Westminster is offering a  
**C.E.R.T. Training Academy**

Classes that will be covered during the Academy include: Introduction to Disaster Preparedness, CERT Organization, Light Search and Rescue Operations, Disaster Psychology, Terrorism and Disaster Medical Operations.

For more information or questions, please contact Jeremy Fletcher at (714) 898-3315 ext. 3833 or email [jfletcher@westminster-ca.gov](mailto:jfletcher@westminster-ca.gov). Check out more on West County CERT on their website at [www.westcountycert.com](http://www.westcountycert.com) for information on upcoming trainings.

## INTRODUCING

## NEW ON-LINE (WEB) PAYMENT OPTION

The payment option that many customers have been asking for is now available with the City of Westminster Water Department. We are excited to announce that the on-line payment option is ready and available through our website at [www.westminster-ca.gov](http://www.westminster-ca.gov). Customers now have the option of paying either on-line or by automated phone.

The on-line payment system powered by Paymentus will accept Credit Cards (Master Card, VISA & Discover), Debit Cards and Electronic Checks (E-Checks- you will need your bank routing number and account number from either your checking or savings account).

All customers are invited to use the new payment option by logging onto the City website [www.westminster-ca.gov](http://www.westminster-ca.gov) and clicking the "Pay your Water Bill Online" link. You will be asked to enroll in the on-line payment system prior to logging in by clicking on the "Sign up Now" link in the Customer Dashboard. Click on "Add an Account" and add your utility account number.

You will need to have your utility account number and customer number to access the account information and make your payment. Next, click on the "Make a Payment" tab to make your payment.

If you have any questions or need assistance contact the Water Department at 714-898-3311 extension 4800.

There is also an automated telephone payment service at 1-855-288-5234, which will guide you through the payment process.

We are pleased to bring this new and exciting feature to our valued customers. No more standing in line to make your payment. We hope you will take advantage of this quick and easy payment option.





# WESTMINSTER BRANCH LIBRARY

8180 13<sup>th</sup> Street, Westminster, CA 92683  
(714) 893-5057

## Children's Programs

Children can earn a free In N' Out hamburger just by reading! Join us during October and November for the In N' Out Food for Thought program; contact the library for specific dates. Use your creativity in creating an entry for the John Wayne Airport Art Contest, which will take place in November. Winning entries are displayed at the airport; contact the library for the deadline. Children and parents are invited to come to our weekly storytimes! We host Preschool Storytime every Wednesday at 10:30 am, Toddler Storytime every Wednesday at 11:00 am, and Family Storytime every Saturday at 10:30 am. Storytimes give children and families an opportunity to enjoy stories, crafts, and activities as well as help your child develop a love of books and reading! Children who love to read will love our Kids Book Club! Kids get to can talk about the book they read, and do activities. It is held the second Wednesday of the month at 3:30 pm; call the library for more information. Our monthly craft program is held on the second Thursday of the month at 3:30 pm.

## Teen Programs

Visit the library during Banned Books Week, September 30–October 6, and check out some of your favorite banned books. Come celebrate Teen Read Week, October 14-20, with special events at the Westminster Library! The theme this year is "It Came From the Library," which dares teens to read for the fun of it. Contact the library for more information about the Teen Read Week events. Teen are invited to join our Teen Advisory Board, which meets the first Wednesday of the month at 4:00 pm. Teens can earn volunteer hours and make a difference at the Library by helping to make decisions about teen services offered at the library, upcoming programs, teen books, and more. Teens that are interested in earning volunteer hours by joining the VolunTEEN Program should pick up an application at the information desk. All programs are open to teens ages 12-18

## HOURS:

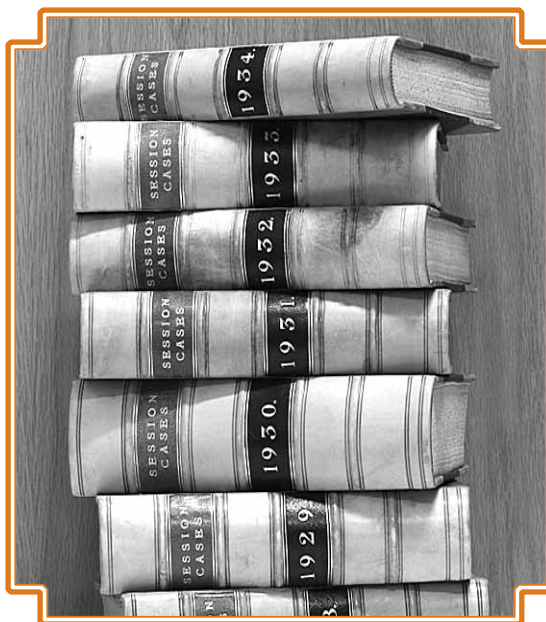
Monday through Thursday 10:00 a.m. to 9:00 p.m.

Friday and Saturday 10:00 a.m. to 5:00 p.m.

SUNDAY 12:00 noon to 5:00 p.m.

## Adult Programs

The Westminster Public Library is offering free Beginner's Computer Classes. The classes are designed for people with little to no computer experience. Please call or stop by the Information Desk to sign up. Don't forget to join our monthly Book Club for adults, held the third Tuesday of every month at 10:30 am; contact the Library for the monthly selection. Be sure to check our online calendar at [ocpl.org](http://ocpl.org) or call the library for more information about special programs.



## Westminster Friends of the Library Used Book Store

The Westminster Library Used Bookstore has great bargains. We have paperback fiction for as low as 10 cents and hardback fiction as low as 25 cents. There is also a large selection of cookbooks, textbooks, and children's books, just to name a few of the great reading material we have to offer, all at reasonable prices.

Bookstore hours are Mon. through Sat. 10:00 am to 4:00pm

For more information call (714) 898-4245

Library

[www.westminster-ca.gov](http://www.westminster-ca.gov)

35

## **Registration begins August 20, 2012**

***There are 3 easy ways to register for classes . . .***

### **ON-LINE**

On-line registration is just a click away...

Please visit  
[www.activenet.active.com/westminster](http://www.activenet.active.com/westminster)

You will need to pay by credit card to register on-line.

### **MAIL-IN**

Mail completed form & payment to:

Westminster Community Services  
& Recreation Department  
8200 Westminster Blvd.  
Westminster, CA 92683

Make checks payable to:  
**City of Westminster**

### **WALK-IN**

Visit us...

Westminster Community  
Services & Recreation  
Department at 8200  
Westminster Blvd.

7:30 a.m. – 5:30 p.m.  
Monday – Thursday  
7:30 a.m. – 4:30 p.m.  
Alternate Fridays

## **General Information & Refund Policy**

- × No registration taken at classes.
- × Refunds will be issued approximately 4 weeks following the request.
- × Refunds must be requested before the end of the 2nd class meeting.
- × Activities canceled by the department will be given automatic refunds.
- × Please note: Due to the nature of the activities, there are no refunds on excursions, youth sports and aquatics.

## **SATISFACTION GUARANTEED**

The City of Westminster Community Services and Recreation Department is continually striving to provide the highest quality recreation activities, events and programs, and offers a money back guarantee on all our classes.

If you are not completely satisfied, before the end of the 2nd class meeting, tell us and we will arrange for you to:

- × Repeat the class at no charge, -or-
- × Transfer to a different class, -or-
- × Receive a full refund

Applications for refunds may be made in person, by calling (714) 895-2860, or in writing. Your suggestions and comments are appreciated; they will help us do the best job possible.



# **Community Services and Recreation Department Registration Information**

# Registration Form

City of Westminster Community Services & Recreation Department

*All information is required. Please Print.*

Parent/Adult Name: First \_\_\_\_\_ Last \_\_\_\_\_

Address \_\_\_\_\_ Birth \_\_\_\_\_  
Date \_\_\_\_\_

City/State/Zip \_\_\_\_\_ Phone ( ) \_\_\_\_\_

Email address \_\_\_\_\_ Cell \_\_\_\_\_  
Phone ( ) \_\_\_\_\_

Name of Participant		Birth	Sex	Activity	Name of Activity	Fee
First	Last	Date		Number		
TOTAL FEES						

Do any of the listed participants have any special needs, limitations, and/or allergies? Yes ☐ No ☐  
If yes, please explain: \_\_\_\_\_

## Liability and Publicity Release

For and in consideration of permitting \_\_\_\_\_ to enroll in and participate in the recreational program entitled, \_\_\_\_\_ sponsored by the City of Westminster, Department of Community Services, the Undersigned hereby voluntarily releases, discharges, waives and relinquishes any and all actions or causes of action for personal injury, property damage or wrongful death occurring to him/herself arising as a result of participation in said recreational program or any activities incidental thereto wherever or however the same may occur and for whatever period said program may continue, and the Undersigned does for him/herself, his/her heirs, executors, administrators and assigns hereby release, waive, discharge and relinquish any action or cause of action, which may hereafter arise for him/herself and for his/her estate, and agrees that under no circumstances will he/she or his/her heirs, executors, administrators and assigns prosecute or present any claim for personal injury, property damage or wrongful death against the City of Westminster and its officers, officials, agents, contractors, volunteers, boards, departments, servants or employees for any of said causes of action, whether the same shall arise by the negligence of any of said persons, or otherwise.

IT IS THE INTENTION OF \_\_\_\_\_ BY THIS INSTRUMENT, TO EXEMPT AND RELIEVE THE CITY OF WESTMINSTER AND THE RELATED PARTIES MENTIONED HEREIN, FROM ALL LIABILITY FOR PERSONAL INJURY, PROPERTY DAMAGE OR WRONGFUL DEATH CAUSED BY THE NEGLIGENCE OF ANY PERSON OR ENTITY.

The Undersigned, for him/herself, his/her heirs, executors, administrators or assigns agrees that in the event any claim for personal injuries, property damage or wrongful death shall be prosecuted against the City of Westminster and/or its officers, officials, agents, contractors, volunteers, boards, departments, servants or employees, he/she shall defend, indemnify and save harmless the same City of Westminster and the aforementioned related parties from any claim, cause of action, loss, liability, damage, lawsuit, cost or expense (including reasonable attorney's fees) by whomever or wherever made or presented for said personal injuries, property damage or wrongful death.

In case of accident or other emergency, the Undersigned hereby gives permission for the City of Westminster and/or its officers, officials, agents, contractors, volunteers, servants or employees, to obtain emergency medical treatment. The Undersigned further agrees to pay any costs incurred as a result of such treatment.

In addition, the Undersigned has been notified that participants involved in City-sponsored community service programs are subject to being photographed or videotaped, and he/she hereby gives permission for the City of Westminster to use such photographs or videotapes on City Department websites and to publicize and promote the City's programs.

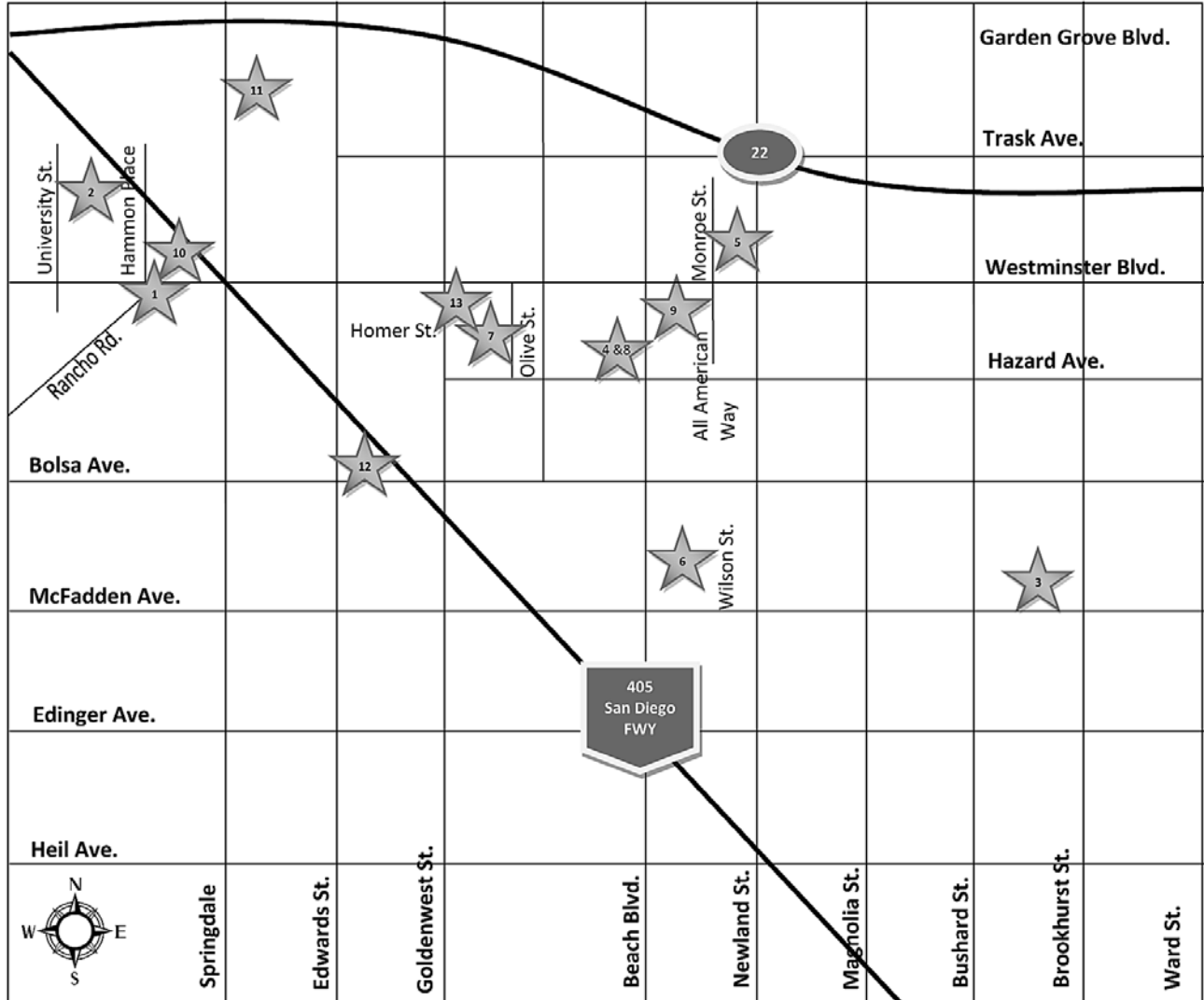
The Undersigned acknowledges that he/she has personally read, understands, and voluntarily signs this release and waiver of all liability and indemnity agreement, is fully aware of the potential risks and hazards which are inherently involved in the specified community service program, and in any of the activities, appointments, meetings, or workshops incidental thereto, including but not limited to, any negligent acts performed by the City of Westminster and/or its officers, officials, agents, contractors, volunteers, boards, departments, servants or employees, negligently created or maintained dangerous conditions of public property, weather conditions, equipment, machinery, playing conditions, other participants, on-site physical premises, structures or substantial works of improvement. The Undersigned voluntarily assumes all risks of loss, damage, or injury associated with his/her participation in the specified recreational program or any activities incidental thereto.

Signature \_\_\_\_\_ Date \_\_\_\_\_

37



# Parks & Recreation Facilities Legend



1. American Tiger Martial Arts & Fitness  
 2. Bolsa Chica Park  
 3. Elden F. Gillespie Park  
 4. Intensity Services (Same as #8)  
 5. Liberty Park  
 6. Park West Park  
 7. Sigler Park  
 8. The Piano Place Music and Arts Center  
 9. WCSB (Westminister Services & Rec. Building)  
 10. Wespac Dance Center  
 11. Westminister ICE  
 12. Westminister Mall  
 13. World Class MMA Boxing
- 5849 Westminister Blvd. \*MAP IS NOT TO SCALE  
 13660 University St.  
 9801 McFadden Ave.  
 14441 Beach Blvd. #200 (877)769-6369  
 13900 Monroe St.  
 8301 McFadden Ave.  
 7200 Plaza St.  
 14441 Beach Blvd. #100 (714)899-4823  
 8200 Westminister Blvd. (714)895-2860  
 5915 Westminister Blvd. (714)893-2623  
 13071 Springdale (714)518-3212  
 1025 Westminister Mall  
 14042 Locust St. (714)892-3355  
 5702 Clark Drive, Huntington Beach (949) 510-1569  
 18411 Gothard St. Unit 1, Huntington Beach  
 8322 Garden Grove Blvd., Garden Grove  
 8740 Warner Ave., Fountain Valley (714)963-2010  
 16400 Brookhurst St., Fountain Valley  
 17967 Bushard St., Fountain Valley (714) 839-8611  
 11300 Stanford Ave., Garden Grove  
 13641 Deodara, Garden Grove (714)741-5200  
 11300 Stanford, Garden Grove (714)897-7099  
 17270 New Hope St., Fountain Valley (714)556-8050  
 1370 So. Sanderson, Anaheim  
 7800 Katella Ave., Stanton (714)379-9222  
 5372 Cerulean, Garden Grove
- Carden Conservatory Multipurpose Room
  - Climbx Rock Gym
  - Five Star Taekwondo School
  - Fountain Valley Music
  - Fountain Valley Recreation Center
  - Fountain Valley Senior Center
  - Garden Grove Community Meeting Center
  - Garden Grove Sports/Recreation Center
  - H. Louis Lake Sr. Center
  - New Hope Gymnastics Academy
  - Rancho Del Rio Stables
  - Stanton Community Center
  - West Grove Park

*Hold your next event at:*  
**Westminister Community Services & Recreation Building**

\*Wedding Receptions  
 \*Meetings  
 \*Birthdays  
 and other special events

**8200 Westminister Blvd.**  
**Please call 714.895.2860**  
**For more information or visit**  
**[www.westminister-ca.gov](http://www.westminister-ca.gov)**

*City of Westminster*  
**Adult Softball**

**Fall League  
Begins September 17**

**Registration fee is \$255.00 per team,  
plus \$20.00 per game paid to  
the officials on the field.**



**For more information, please call the  
Sports Office (714) 548-3671.**

*City of Westminster & Westminster Mall  
presents*

**HALLOWEEN  
HAPPENING  
at the MALL**

**Wednesday, October 31  
4:30 - 7:30 pm  
Westminster Mall  
Lower Level Macy's court  
Bring money to play  
carnival games.**

**Call  
714.895.2860**



**Breakfast with Santa**



**Saturday, December 8  
9:00 - 10:30 a.m.  
East/West Room**

**\$7.00**

**(adults & children 2+)**

Please call 714.895.2860 for more  
information or register online at  
[www.activenet.active.com/westminster](http://www.activenet.active.com/westminster).



**REGISTER EARLY!  
SPACES ARE LIMITED!!**



**Rose Parade  
Excursion**



**Tuesday, January 1, 2013  
6:00 a.m. - 2:00 p.m.**

**\$90.00**

*Reservations are available on a limited,  
first come, first served basis. For more  
details, please call the Westminster  
Community Services Department  
at (714) 895-2860 or register online at  
[www.activenet.active.com/westminster](http://www.activenet.active.com/westminster).*





The Westminster Family Resource Center offers the following Services for **FREE!**

- ◆ Family Advocacy
- ◆ Personal Empowerment Program
- ◆ Domestic Violence Counseling
- ◆ Information & Referral
- ◆ Parent Education Workshops
- ◆ Adoption Promotion & Support
- ◆ Family Reunification Services
- ◆ Dental Services\*
- ◆ Emergency Food Program\*
- ◆ Emergency Assistance Program\* (Hygiene Kit, Diapers, Food)
- ◆ After School Enrichment Programs
- ◆ Case Management Services
- ◆ Individual and Family Counseling

Services are offered in English, Spanish, and Vietnamese!



*The Westminster Family Resource Center is a community collaborative:*



Trung Tâm Trợ Giúp Gia Đình Westminster phục vụ MIỄN PHÍ những dịch vụ sau đây:

- ◆ Bệnh Vực Gia Đình
- ◆ Chương Trình Đào Tạo Khả Năng Cá Nhân
- ◆ Cố vấn về bạo hành trong gia đình
- ◆ Thông tin và giới thiệu
- ◆ Hội thảo dành cho phụ huynh
- ◆ Khuyến khích & hỗ trợ dịch vụ nhận con nuôi
- ◆ Dịch vụ đoàn tụ gia đình
- ◆ Dịch vụ nha khoa \*
- ◆ Chương trình trợ cấp thực phẩm khẩn cấp\*
- ◆ Chương trình trợ giúp khẩn cấp \*
- ◆ Chương trình sau giờ học
- ◆ Dịch vụ phụ trách các vấn đề
- ◆ Dịch vụ cố vấn cá nhân và gia đình



**Office Hours: Monday– Friday, 8:00 am-5:00 pm**

**\*Closed for Lunch: 12:00 -1:00pm**

**Location: Sigler Park, 7200 Plaza St.**

**Westminster, CA 92683**

**Phone: (714) 903-1331**

**El Centro de Recursos Familiares de Westminster ofrece los siguientes servicios ¡GRATIS!**

- ◆ Representación Familiar
- ◆ Programa de Superación Personal
- ◆ Consejería en Violencia Doméstica
- ◆ Información y Referencias
- ◆ Talleres de Educación para Padres de Familia
- ◆ Promoción y Apoyo para Adopciones
- ◆ Servicios para Reunificación de Familias
- ◆ Servicios Dentales \*
- ◆ Programa para recibir Alimentos\*
- ◆ Programa de Asistencia de Emergencias\* (pañales, comida, higiene)
- ◆ Programas para Después de Escuela
- ◆ Servicios de Administración de Casos
- ◆ Consejería Individual y para Familias

\* While funding is available. Please call for more information.

\* Mientras fondos están disponibles. Llame para más información.

\* khi còn ngân quỹ Để biết thêm chi tiết xin vui lòng liên lạc trung tâm.

Programs and services at the Westminster Family Resource Center are funded in part through Families and Communities Together (FaCT). FaCT receives funding from federal, state, and county agencies including U.S. Department of Health and Human Services -Promoting Safe and Stable Families, Office of Child Abuse Prevention, California Emergency Management Agency, County of Orange and the Children and Families Commission of Orange County, as well as volunteer, in-kind support and private donations. FaCT is administered by the County of Orange Social Services Agency and Orangewood Children's Foundation.